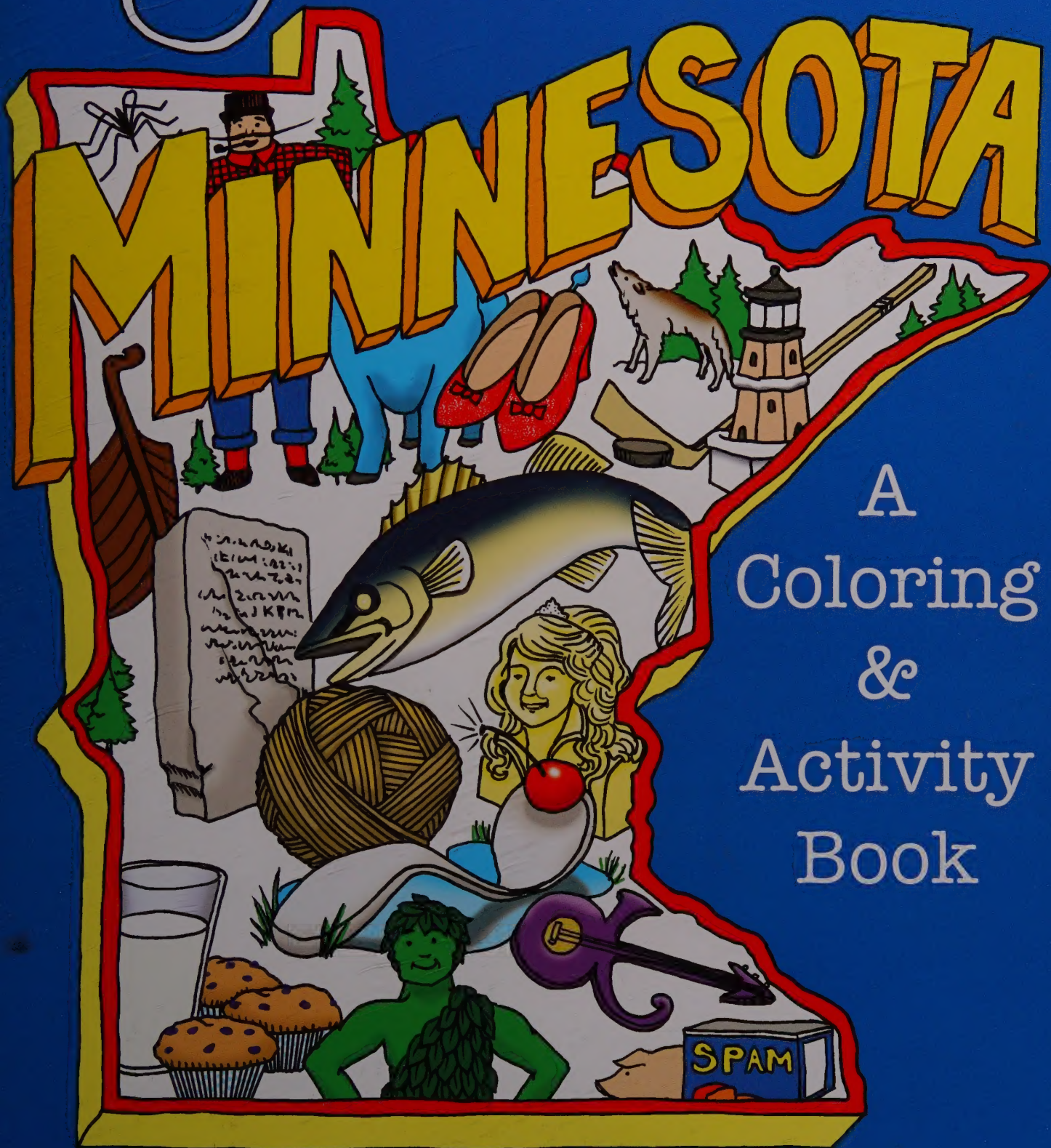
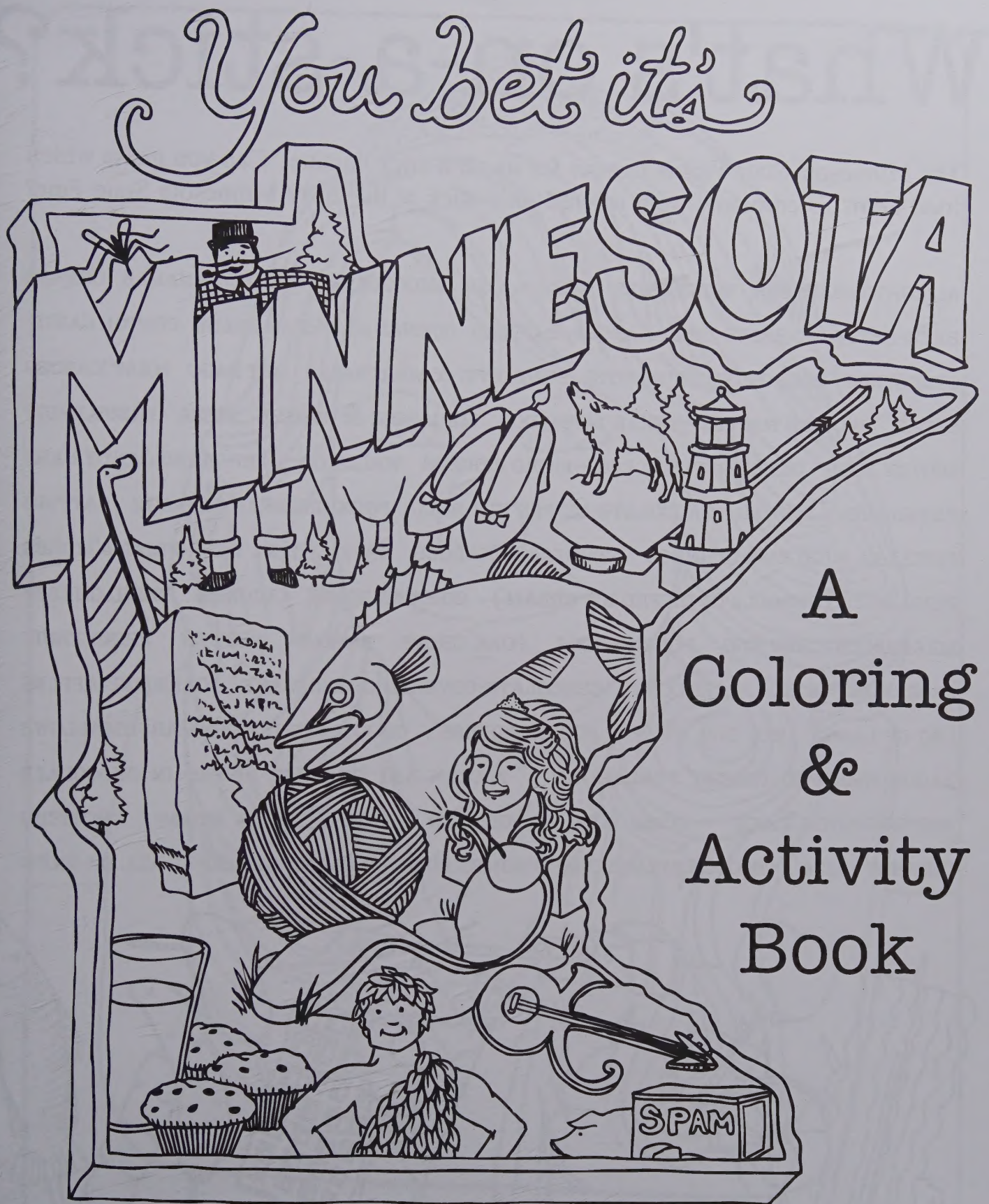


You bet it's



A
Coloring
&
Activity
Book

by Kirsten Sevig



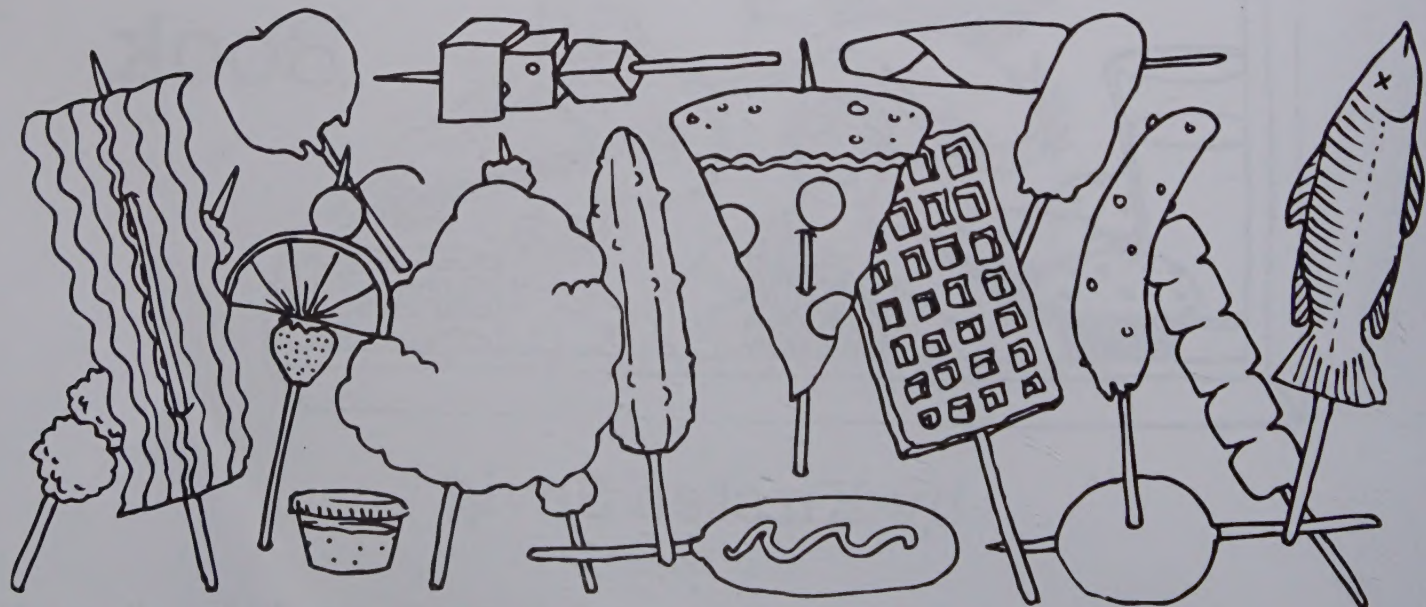
A
Coloring
&
Activity
Book

by Kirsten Sevig

What's on-a-stick?

The Minnesota State Fair is famous for its on-a-stick cuisine. Can you guess which food items listed below were offered on-a-stick at the 2009 Minnesota State Fair?

ALLIGATOR SAUSAGE VEGIE FRIES FRIED BACON CHOCOLATE-COVERED BANANAS CHEESE
BEER-BATTERED BRATS BEEF KABOBS S'MORES CORNED BEEF & CABBAGE COTTON CANDY
SPUDSTERS DEEP-FRIED TATER TOTS SPAGHETTI & MEATBALLS HOT DAGO MEAT KABOBS
STEAK BELGIAN WAFFLE TEXAS TATER DOG MACARONI & CHEESE PIZZA FRESH FRUIT
SCOTCH EGGS CANDY APPLES DEEP-FRIED PICKLES WALLEYE DEEP-FRIED CANDY BARS
TEXAS STEAK DINNER CHOCOLATE-DIPPED NUT ROLL PORK CHEEKS SAUSAGE CATFISH
PICKLES WILD RICE CORNDOG VEGETABLE KABOBS TAFFY POPS DEEP-FRIED S'MORES
FIDDLESTIX (CHOCOLATE-DIPPED ICE CREAM) CHICKEN BITES CHICKEN FRIED CHEESE
MEATBALLS FRY DOG PONCHO DOGS PORK CHOPS SHRIMP REUBEN FRIED FRUIT
FROZEN ESPRESSO CORNDOGS CHOCOLATE-COVERED CHEESECAKE CARAMEL APPLES
LEG OF LAMB HOT DOG WRAP FUDGE PUPPIES CHOCOLATE-DIPPED MARSHMALLOWS
BACON-WRAPPED TURKEY TENDERLOIN FROZEN KEY LIME PIE DIPPED IN CHOCOLATE
BUTTERSCOTCH CAKE BOMB POPS TORNADO POTATO DIXIE WINGS HOTDISH
DESSERT PIZZA SCOTCH MEATBALLS PRONTO PUPS GRILLED SHRIMP ALL OF THEM



Answers are on the last page.



On the eve of the state fair's opening day, a newly crowned **Princess Kay of the Milky Way** steps into a 38-degree cooler to have a sculptor carve her head, neck, and shoulders out of a 90-pound block of Grade A Butter. The sculpture is a *butterhead*.



Lillian Colton (1911-2007) was born in Sherburn, Minnesota, and raised on a farm. Dubbed the "Seed Queen," she was an incredibly talented award-winning crop artist whose work (usually portraits of public figures made from Minnesota crops) has been prominently displayed at the Minnesota State Fair for years, starting in 1966. This is a drawing of Lillian's *Self Portrait* created in 2004 using birdsfoot, trefoil, canola, timothy, poppy seeds, brome grass, grits, cream of wheat, and salsify.

Crop Art

Visit www.cropart.com for more!



Above: "**Big Parrot**" by Lillian Colton, 1967
11" x 27", Blue Ribbon winner
Seeds used: oats, spelt, wheat, salsify

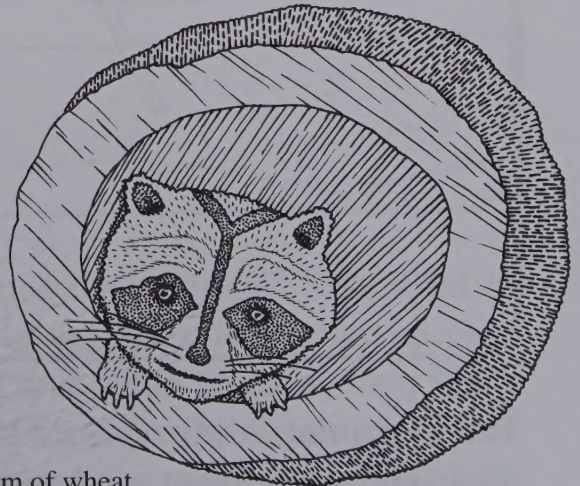
Right: "**Raccoon**" by Lillian Colton, 1974
9" x 8" oval, Reserve Champion

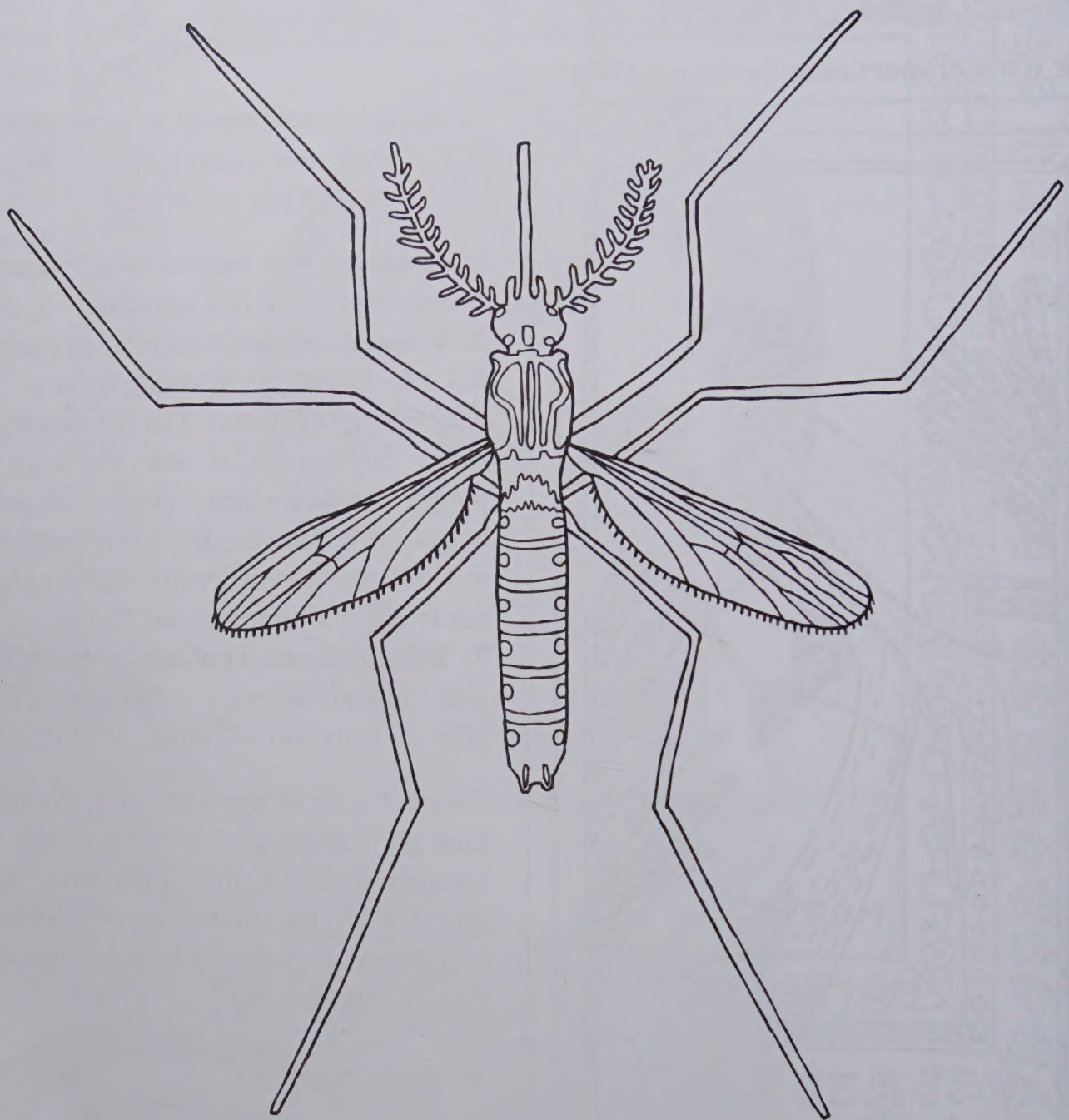
Seeds used: corn husk, wild rice, timothy, pine needles, brome grass, cream of wheat

Crop Art is art created in a mosaic-style using seeds and natural fibers. To make your own crop art, you'll need...

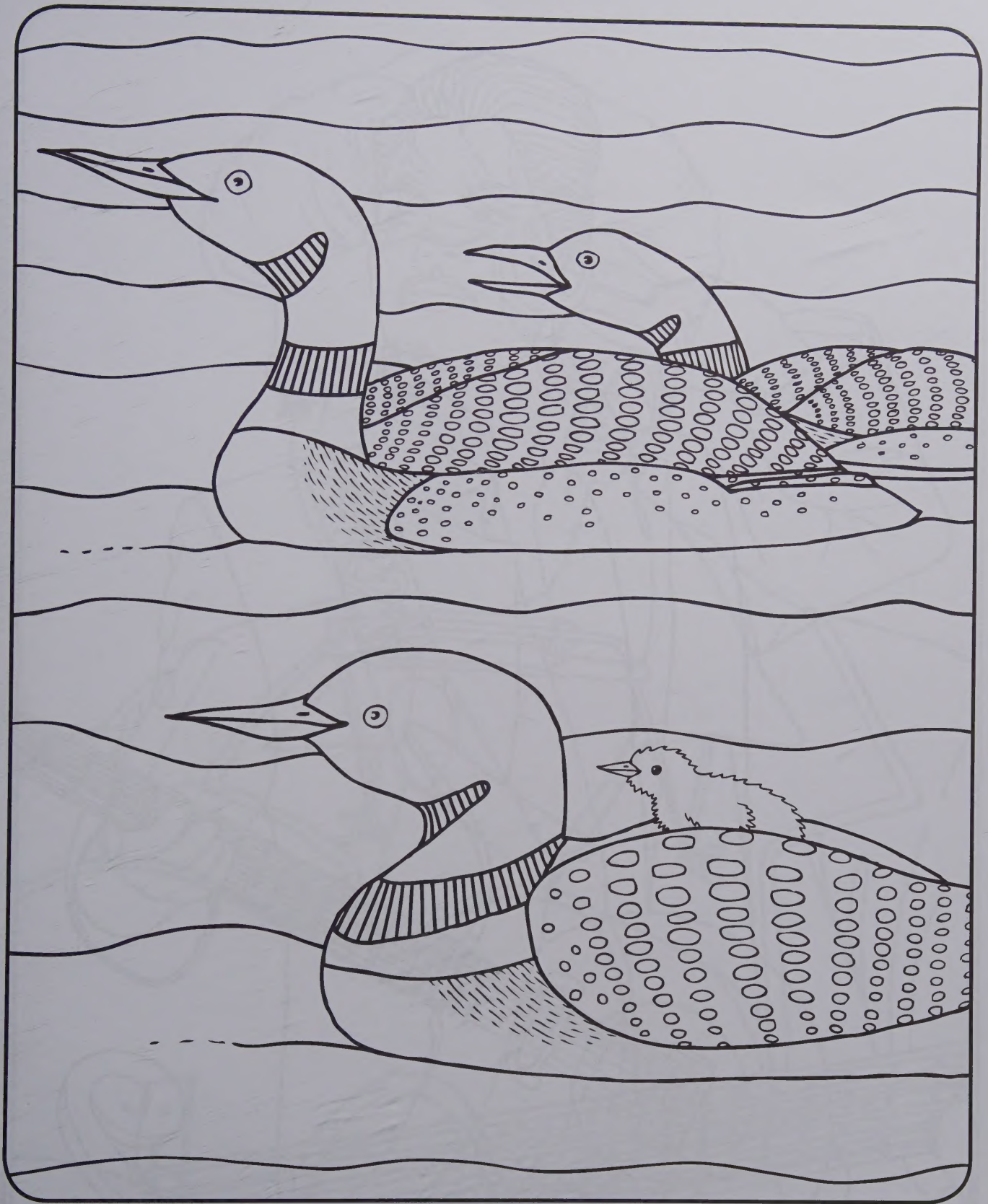
1. **Patience.** This takes a lot of patience.
2. **A design** you'd like to create.
3. **A board.** Masonite is recommended.
4. **Glue.** Elmer's is recommended.
5. **Seeds and Fibers.** You can be creative here. Some popular ones are wild rice, poppy seeds, wheat, cream of wheat, beans, corn, pine needles, corn husks, oats.
6. **Toothpicks** are a favorite tool for placing seeds one at a time to your board.
7. **Polyurethane coating** to protect and seal your art when it is finished. Get an adult to help you with this. It's toxic stuff.

Transfer your design onto your board. Put glue on a small area of your design, like a square inch at a time at the most. Use a tiny dab of glue on the end of a toothpick to pick up one seed at a time and put it into place on the wet glue.





The **Mosquito** is Minnesota's Unofficial State Bird. This drawing is larger than life to show detail, but some would disagree and say that they are actually this big!



The **Common Loon** (*Gavia immer*) became Minnesota's Official State Bird in 1961. Dating back 60 million years, they are one of the oldest living bird species. They have wingspans that can reach 5 feet, black and white feathers, long black bills, and red eyes. These water birds are known for their distinctive wails and yodels. Their name even comes from a Norwegian word that means "wild, sad cry."



Prince (born Prince Rogers Nelson in 1958) is a singer, songwriter, musician, and actor from Minneapolis. He loves the color purple and playing his symbol guitar.



Bob Dylan (born Robert Allen Zimmerman in Duluth, 1941) is an American singer-songwriter and musician who has been a major figure in popular music for five decades. He was raised in Hibbing, attended the University of Minnesota, and became Bob Dylan while performing around an area called Dinkytown.



Garrison Keillor (born 1942 in Anoka, Minnesota) is an author, humorist, storyteller, columnist, musician, satirist, and radio personality best known as the host of Minnesota Public Radio's *A Prairie Home Companion*. On the show he performs a storytelling segment called "News from Lake Wobegon." The opening words are almost always the same. "Well, it's been a quiet week in Lake Wobegon, my hometown, out on the edge of the prairie."

MINNESOTA WORD SEARCH

J L I V J V L W C B E T T Y C R O C K E R Y
 E A R X Y T Q M G H O B B V X C A W C J R F
 S N B W P I H U A B A Y O L O P L F P R X S
 S D M A H J X E N L L R U B Y A D B E G R C
 E O F L B M O D S H L A L A D N N H M E V O
 V F P A M E U L Q T P O K E A Y C W T N S T
 E T I K P P T H L T A S F L S D L A Z E F T
 N E L E V A D H N Y S R R A N S W A I S T F
 T N A W V S U I E E G A O A M Y C T N K L I
 U T D O P N A L C B G R E F R E I H B X J T
 R H Y B I S W N B Y L G E A T C R C U E X Z
 A O S E M R I W D U D U D E N H H I C L T G
 C U S G Z R Q U R I N N E I N N E N C P Z E
 T S L O P D J V R T U Y W O T G I N A A R R
 W A I N N S K B R O Q T A M X R I F O J H A
 S N P E K T N V B Y D J G N P S P A M R O L
 L D P S M O B A L L O F T W I N E B N T T D
 U L E Z O C O M M O N L O O N Z M O P T T H
 S A R P M I N N E A P O L I S S N O O P Y Z
 U K S S P L I T R O C K L I G H T H O U S E
 C E K K E N S I N G T O N R U N E S T O N E
 Z S A M I S S I S S I P P I R I V E R Y O H

SPAM

MINNEAPOLIS

JESSEVENTURA

JOLLYGREENGiant

PRINCE

COMMONLOON

LAKEWOBEGON

FSCOTTFITZGERALD

SNOOPY

PRINCESSKAY

CHARLESSCHULZ

THESTAROFTHENORTH

BOBDYLAN

BALLOFTWINE

BABETHEBLUEOX

SPLITROCKLIGHTHOUSE

SAINTPAUL

JUDYGARLAND

MALLOFAMERICA

KENSINGTONRUNESTONE

TWINCITIES

LADYSSLIPPER

MISSISSIPPIRIVER

SPOONBRIDGEANDCHERRY

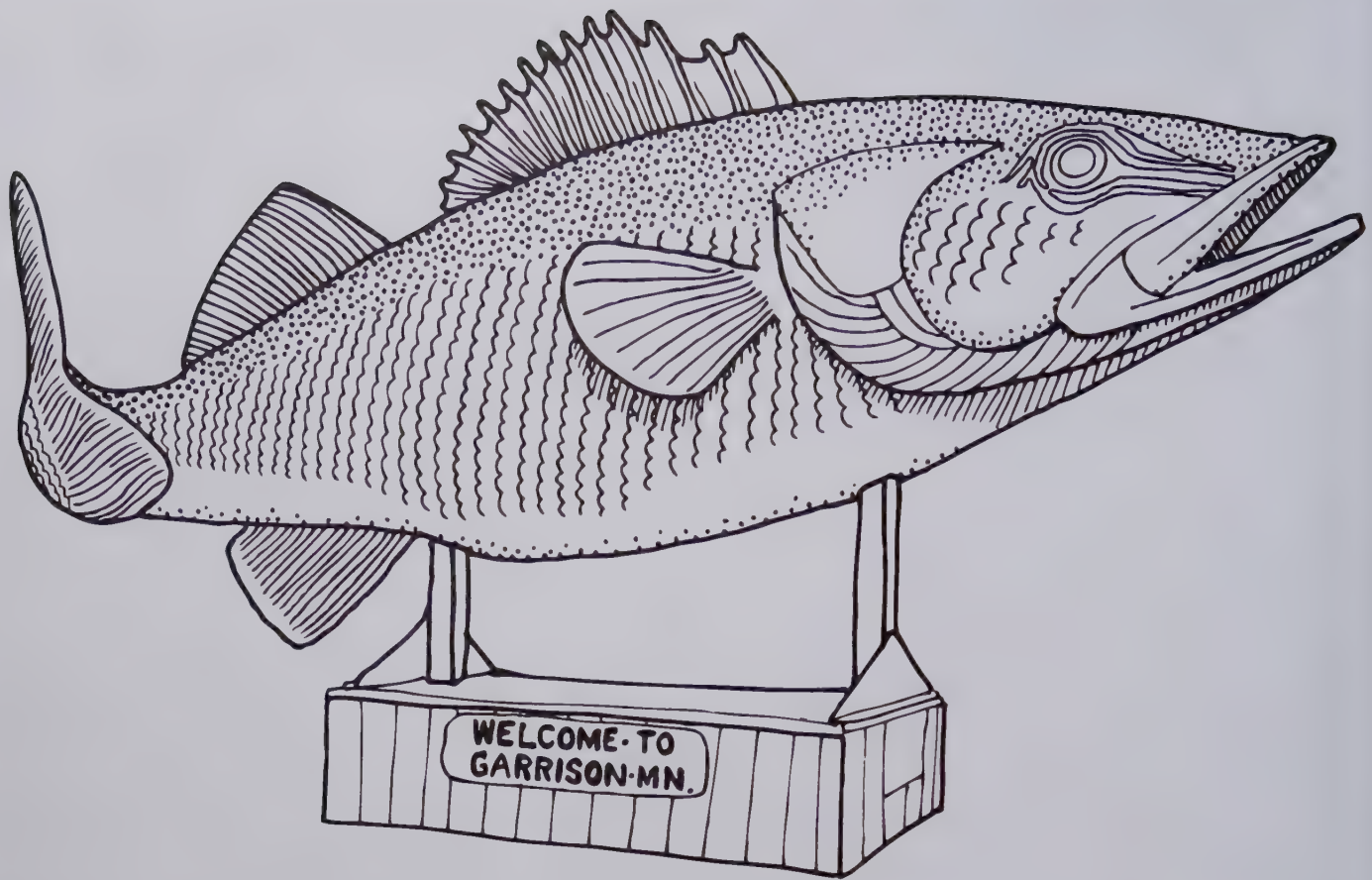
PAULBUNYAN

BETTYCROCKER

BOUNDARYWATERS

LANDOFTENTHOUSANDLAKES

Words are horizontal, vertical, and diagonal, but not reversed. Answers key is on the last page.



Minnesota's State Fish The Walleye

The **Walleye** (*Stizostedion vitreum*) was designated as Minnesota's Official State Fish in 1965. They live primarily in large, clear, cool lakes in Northern Minnesota because they are sensitive to light. During the day they spend their time in deep dark lakes, but they venture into shallower waters at night. The Walleye is named for its opaque, silvery eyes. It is also known as the yellow pike, yellow pickerel, and the yellow perch pike. The Minnesota record walleye weighing 17 lbs. 8 oz. was caught in 1979. Garrison, Minnesota is the Walleye Capital of the World!

A Simple Walleye Recipe

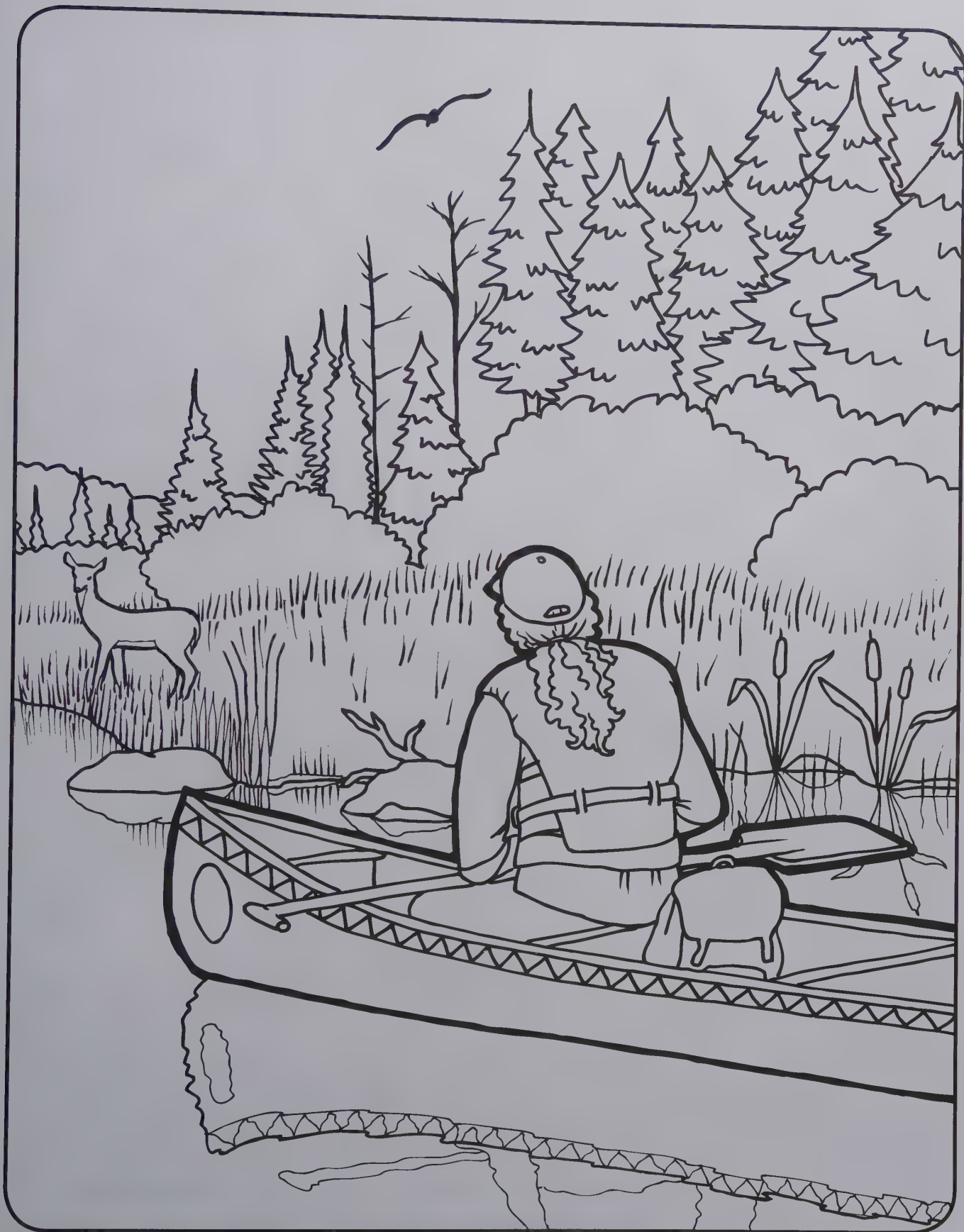
1. Coat walleye fillets in olive oil, lemon juice, salt and pepper.
2. Place in a microwave safe dish with a lid. Microwave on high for 6 minutes.
3. Serve with local seasonal vegetables and potatoes or rice. Yummy!



Ice fishing involves cutting a circular or rectangular hole in the ice and then dropping lines or using spears to catch fish. Many anglers erect heated cabins on the ice, called ice houses. The biggest ice fishing competition in the US, the Brainerd Jaycees Ice Fishing Extravaganza, happens each January on Gull Lake near Brainerd, MN.



The **Grey Wolf** (*Canis lupus*) is native to Minnesota. We are the only state in the lower 48 to always have wolves. Since 1968, L. David Mech, a researcher at the University of Minnesota, has studied wolves and their prey in the Superior National Forest. He founded the International Wolf Center in Ely, MN. The center's mission is to promote the survival of wolves through education and outreach.



The **Boundary Waters Canoe Area Wilderness** is a 1.09 million acre wilderness area within the Superior National Forest in northeastern Minnesota. It is the most visited wilderness area in our country. It is a great destination for canoeing, fishing, and backpacking. Pictographs and petroglyphs adorn its rock ledges and cliffs.

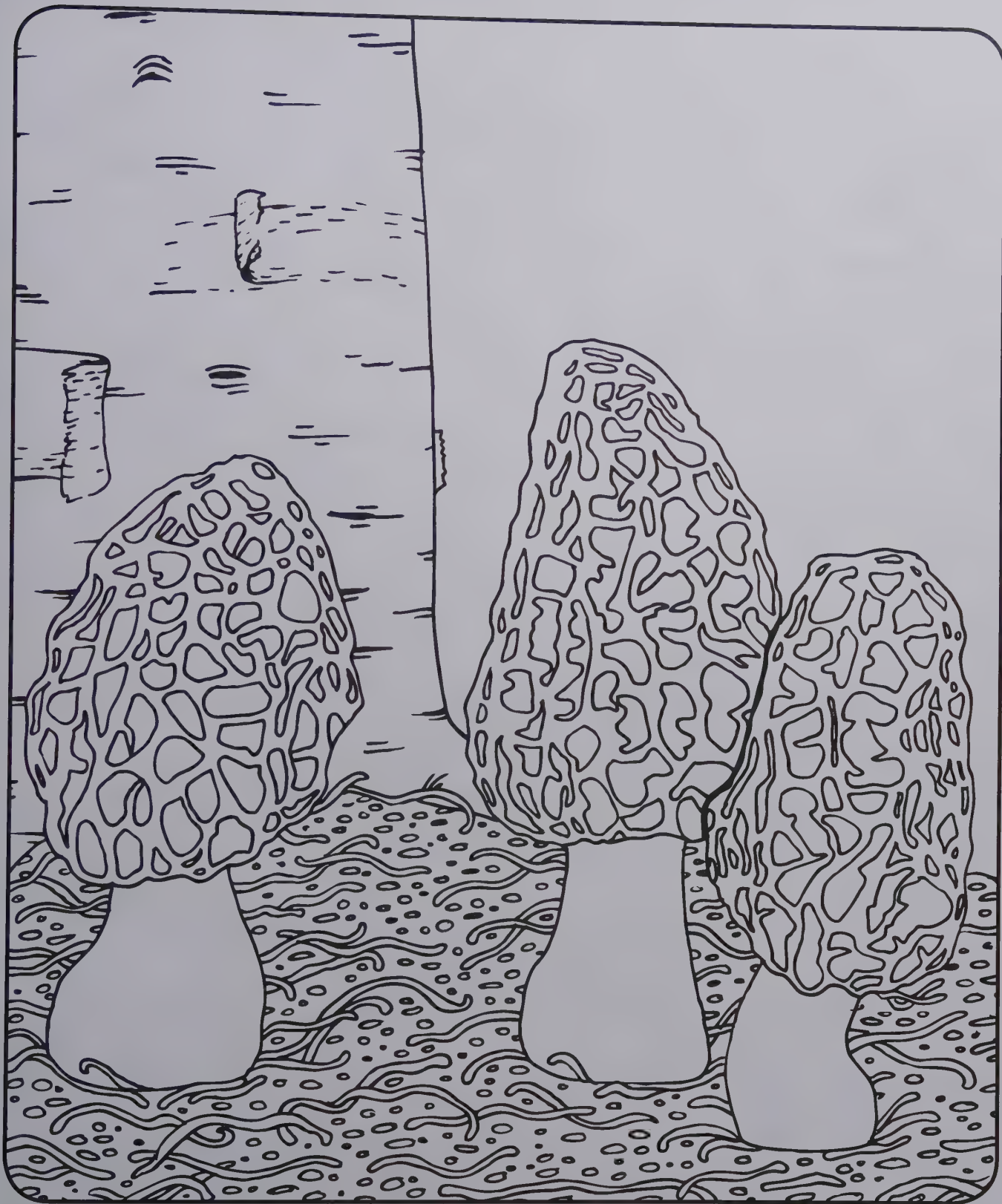


Wild Rice became Minnesota's Official State Grain in 1977. For many years wild rice has been a staple for the Native Americans of northern Minnesota. It grows in shallow waters of lakes in the northern half of the state, and is still harvested today. Sticks are used to bend the wild rice grass into a canoe. The stalks are then gently hit to knock the grains loose into the canoe. For many years, all the wild rice produced in the world came from Minnesota, and it is still the nation's top producer of wild rice.

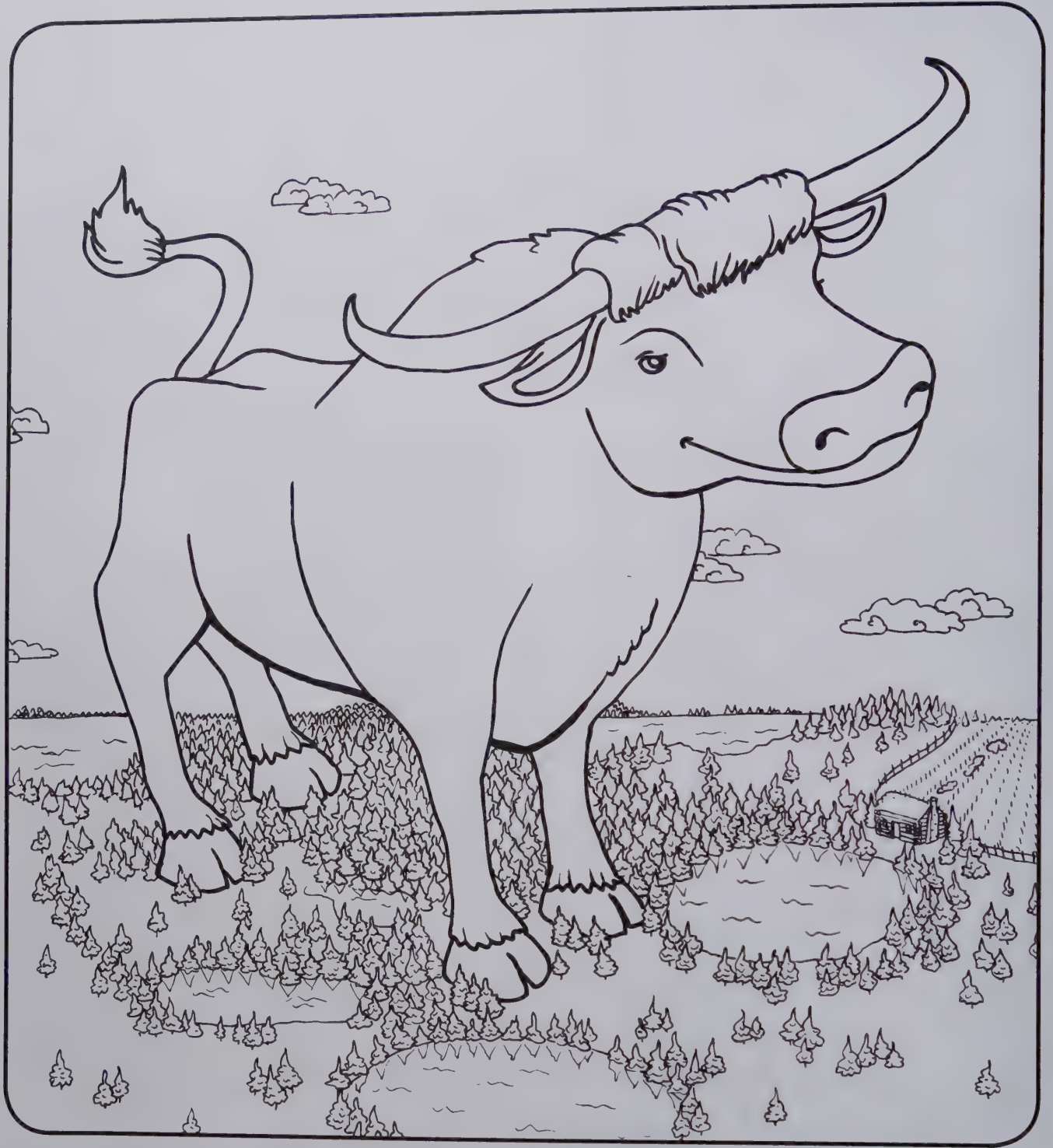
Minnesota Wild Rice Soup (Serves 4)

1/2 cup wild rice
1 1/2 cup boiling water
1 small onion, diced
1 package mushrooms,
 cleaned and sliced
1/4 cup butter (1/2 stick)
1/2 cup flour
4 cups vegetable broth
3/4 cup half and half
Salt to taste.

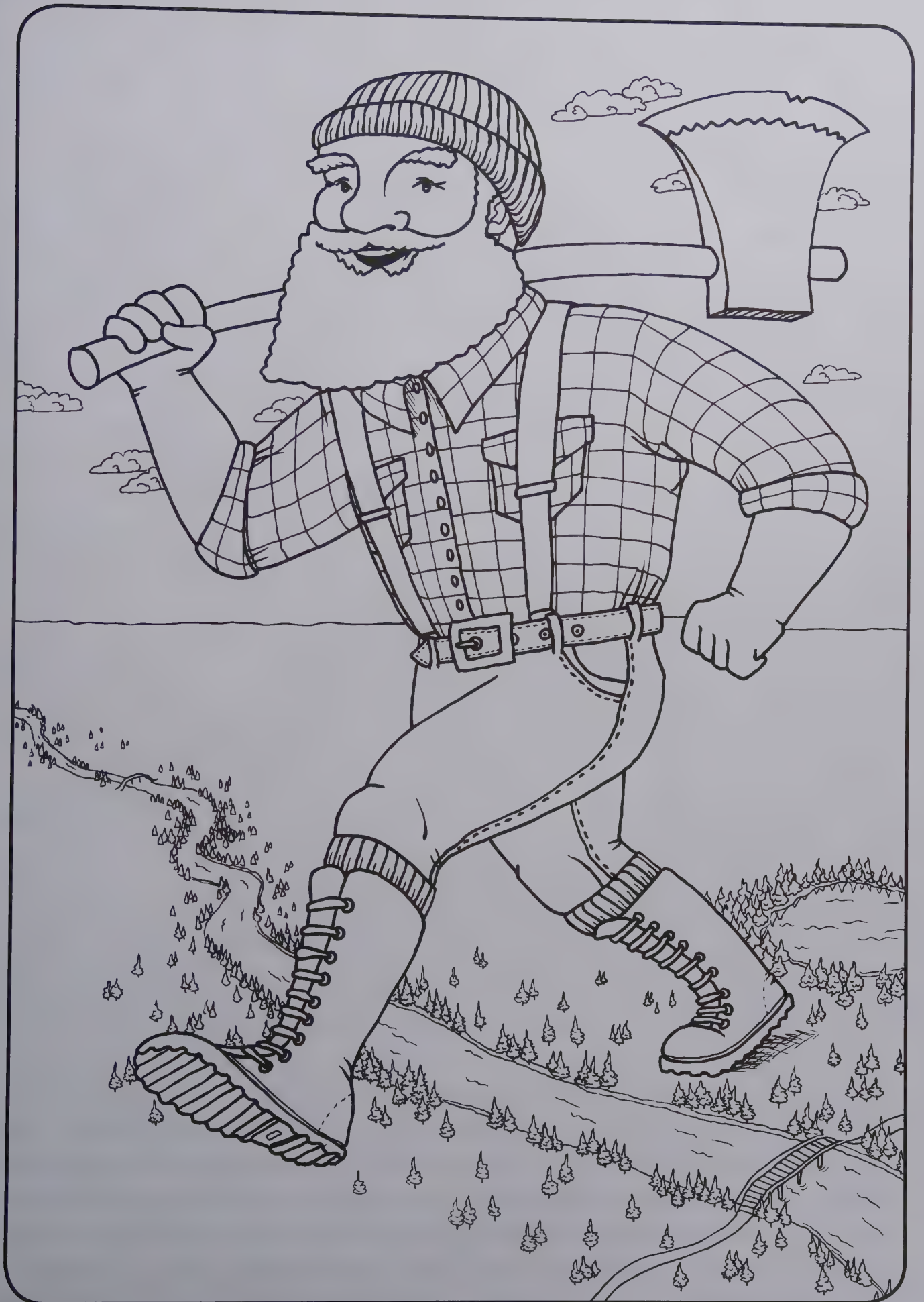
1. Wash wild rice in a colander under cold running water until clean. Add the clean wild rice to the boiling water. Simmer for 45 minutes. It is done when the kernels pop open. Drain the wild rice and set aside.
2. Melt the butter in a frying pan and sauté the onions and mushrooms until they are soft. (about 15 minutes)
3. Add flour and stir. Slowly add broth and stir well.
4. Add the cooked wild rice. Stir while heating for about 5 minutes. Salt to taste. Remove from heat and stir in half and half. Enjoy!

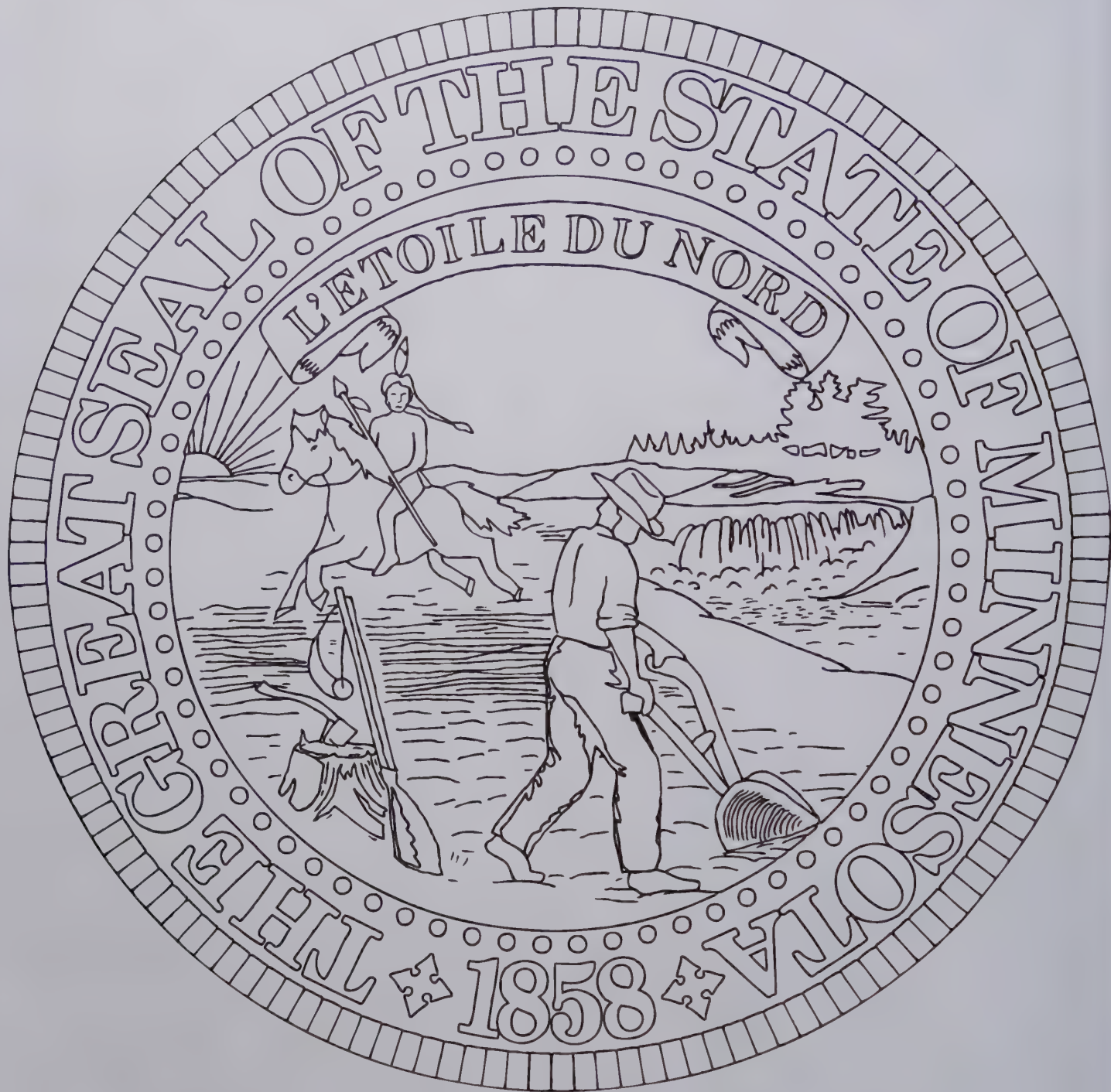


The **Morel** (*Morchella esculenta*) is Minnesota's Official State Mushroom. Among the most highly-prized of all edible mushrooms, they can be found in various shades of cream, yellow, tan, brown, and gray. Morels can easily be identified by their sponge-like tops, but they can be difficult to find because they love to travel. Depending on the weather, they fruit in the spring under hardwoods, but are also associated with burnt areas, disturbed ground, old orchards, and the woods.

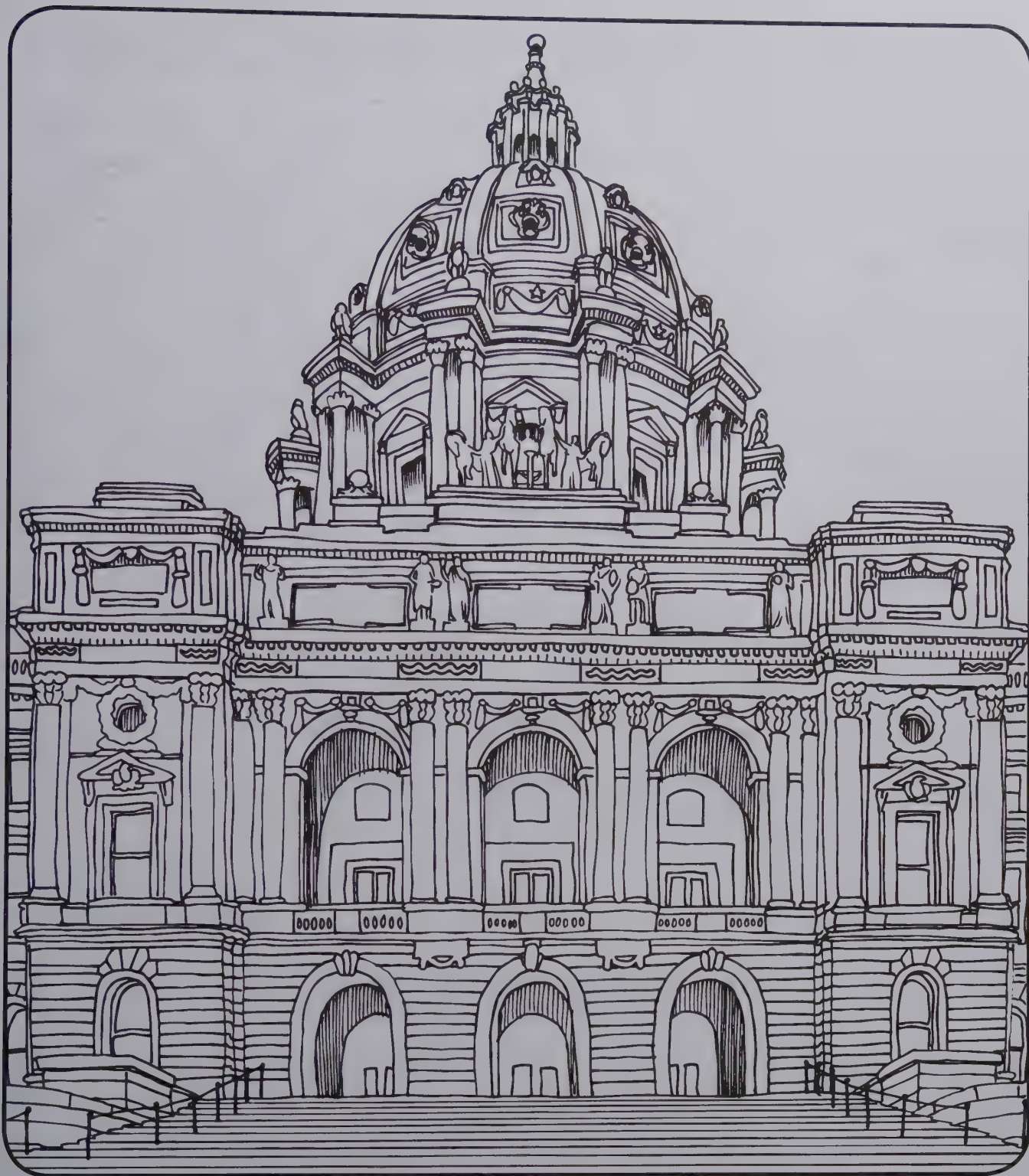


Paul Bunyan and **Babe the Blue Ox** are legendary figures in Minnesota folklore. Paul is a mythological giant lumberjack of unusual skill. Babe, his trusty sidekick ox, is a massive blue creature with exceptional strength. They have had many great adventures together. It is said that Minnesota's more than 10,000 lakes are the tracks Paul and Babe made as they played around the state. Lake Itasca was Paul's attempt to make a watering hole big enough for Babe. He filled it too full, so the overflowing water became the great Mississippi River. Because of their popularity, there are numerous Paul Bunyan themed parks and attractions throughout Minnesota. Both Brainerd and Bemidji claim to be the official home of Paul Bunyan.





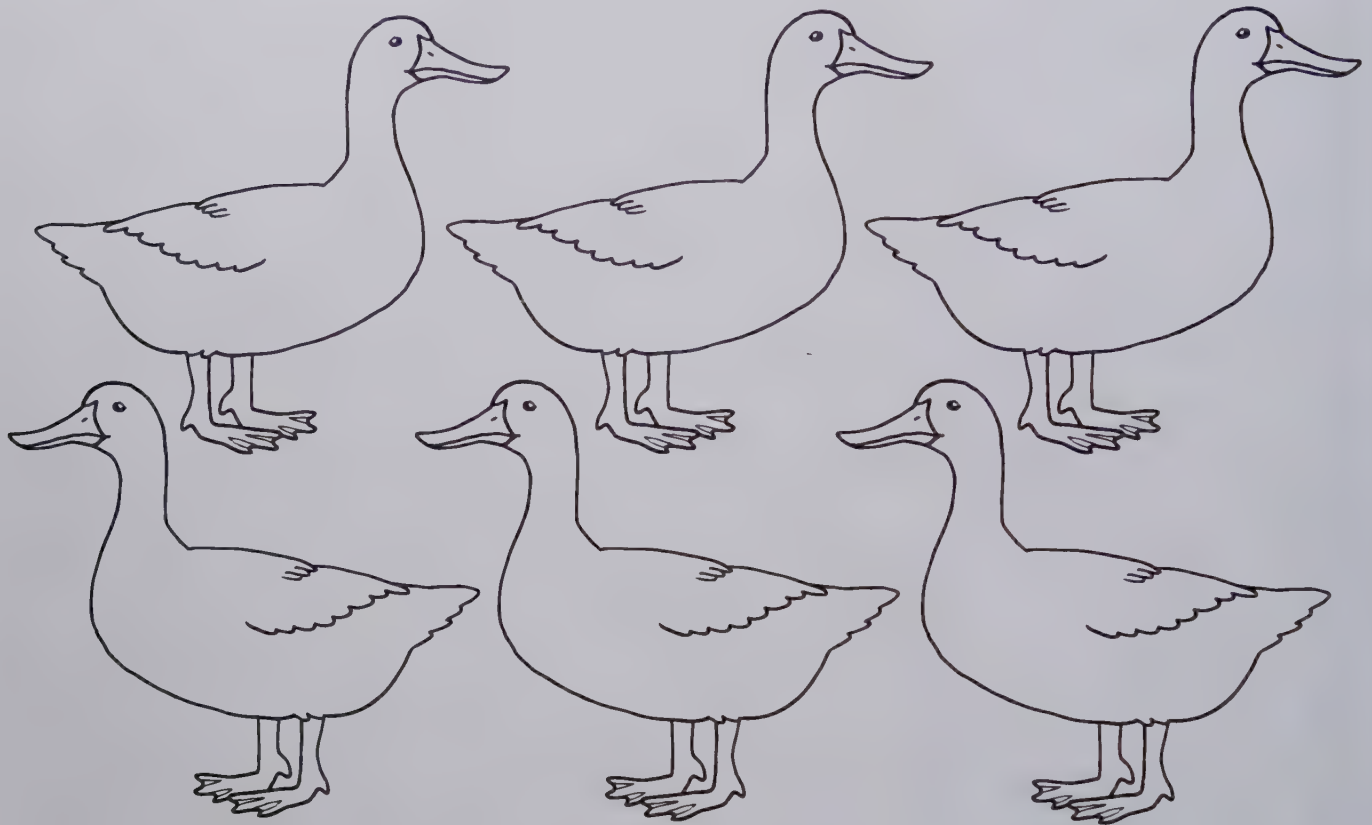
The **Great Seal of the State of Minnesota** became official in 1861, and the present design was legislated in 1983. It depicts a barefoot farmer plowing his field near St. Anthony Falls on the Mississippi River. His axe is driven into the trunk of a tree, and his rifle and powderhorn are nearby. A Native American on horseback is riding south and the summer sun is setting in the background. The official state motto appears on a banner above the scenery. The bottom of the outer ring contains the date 1858, the year that Minnesota gained its statehood.



The **Minnesota State Capitol** is located in St. Paul, the capital city of Minnesota. This is Minnesota's third capitol, designed by Cass Gilbert and modeled after Saint Peter's Basilica in Rome. In fact, its unsupported marble dome is the second largest in the world, after Saint Peter's. Construction started in 1896 and finished in 1905. It houses Minnesota's Senate, House of Representatives, the Office of the Attorney General, and the Office of the Governor of Minnesota. A gilded quadriga called *The Progress of the State*, sculpted by Daniel Chester French and Edward Clark Potter, was completed and installed above the southern entrance to the building in 1906.

Duck, Duck, Gray Duck!

If you ask anyone who wasn't raised in Minnesota if they ever played "Duck, Duck, Gray Duck," they will most likely think you meant to say "Duck, Duck, Goose." That is why this game (though played exactly like "Duck, Duck, Goose") is distinctly Minnesotan. True Minnesotans call this game by its true name!



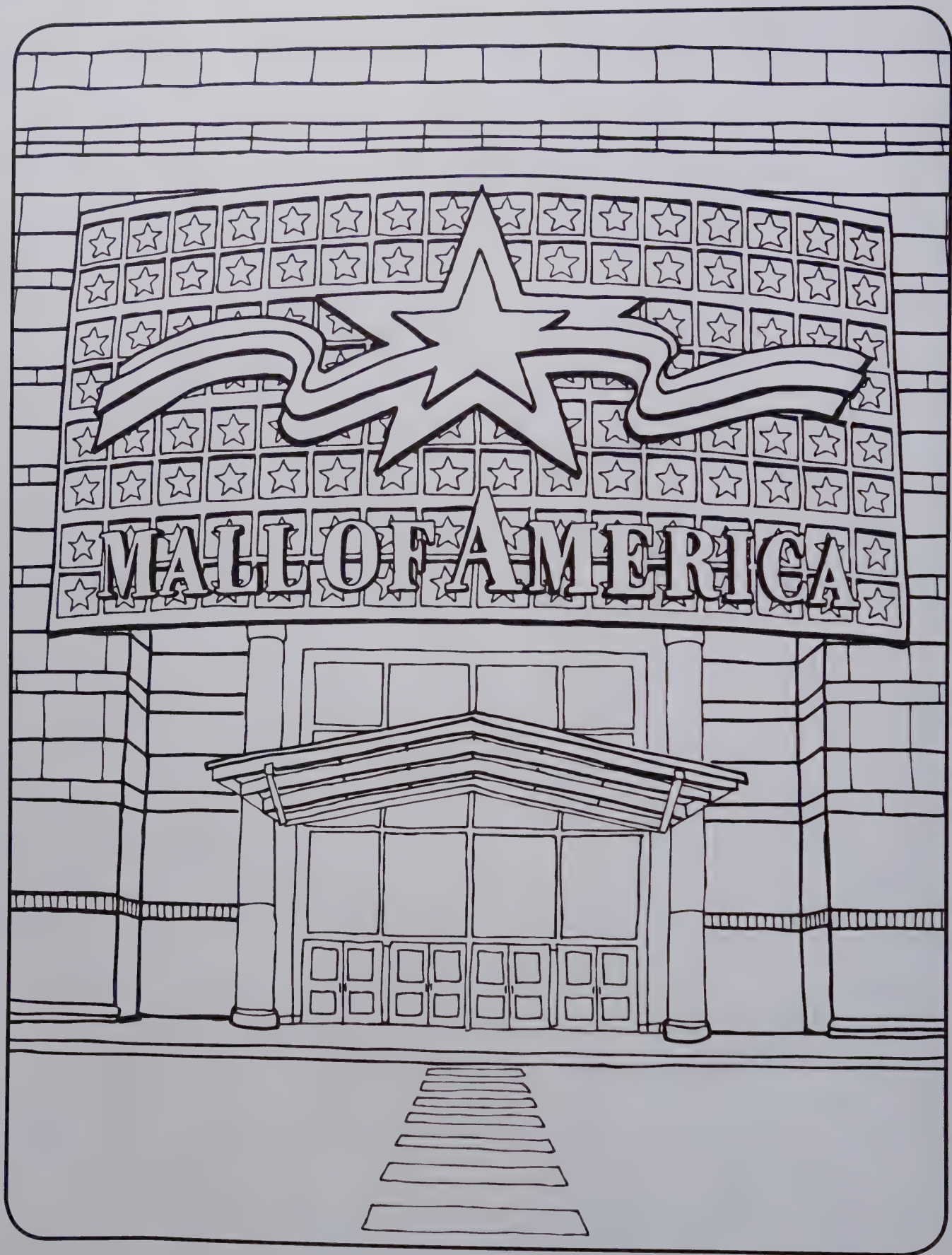
INSTRUCTIONS:

Everyone sits in a circle facing inward except for one person who is "it" and remains standing. That person goes around the outside of the circle and taps each person on the head and says "duck." At some point he or she says "Gray Duck!" and starts running around the outside of the circle. The "gray duck" has to get up and chase him or her around the circle. If the person who is "it" gets around to the gray duck's vacant spot in the circle before the gray duck tags him or her, then the "gray duck" becomes "it." Otherwise the same person is still "it."

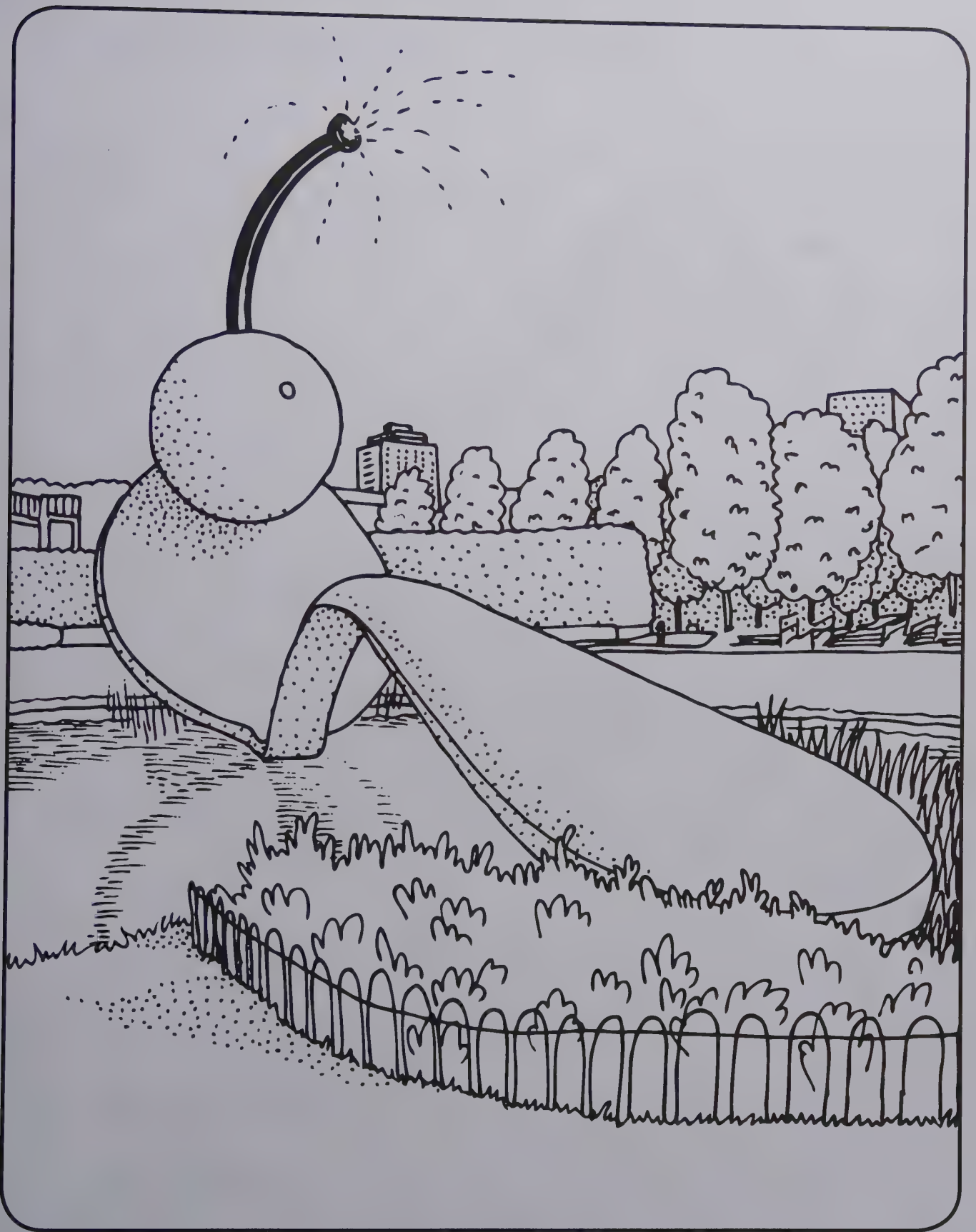
When I played this game as a kid, I enjoyed calling people different colors of ducks when I was "it." I'd say, "Pink duck, orange duck, green duck" as I tapped people's heads around the circle. This meant kids had to pay close attention to what color duck they were. Feel free to color the ducks on this page any color you want!



Jesse "The Body" Ventura (born 1951) was a professional wrestler and actor who became the 38th Governor of Minnesota, inspiring bumper stickers and a lot of other products with the slogan, "Our Governor can beat up your Governor!" I based this drawing on the cover photo of WWF's "The Wrestling Album," released in 1985.



The **Mall of America** (opened in 1992) in Bloomington, Minnesota, is the largest indoor shopping mall in the United States. It has 4 levels, 520+ stores, 24 public restrooms, around 20,000 parking spots on site, and no heaters in the main building.

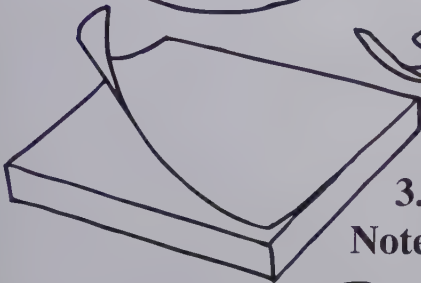


Spoonbridge and Cherry (1985-1988) is a water sculpture by husband and wife team Claes Oldenburg and Coosje van Bruggen. At 29 feet tall and weighing 7,000 pounds, this iconic fountain that arches over a linden seed shaped pond is the centerpiece of the Minneapolis Sculpture Garden, located next to the Walker Art Center.

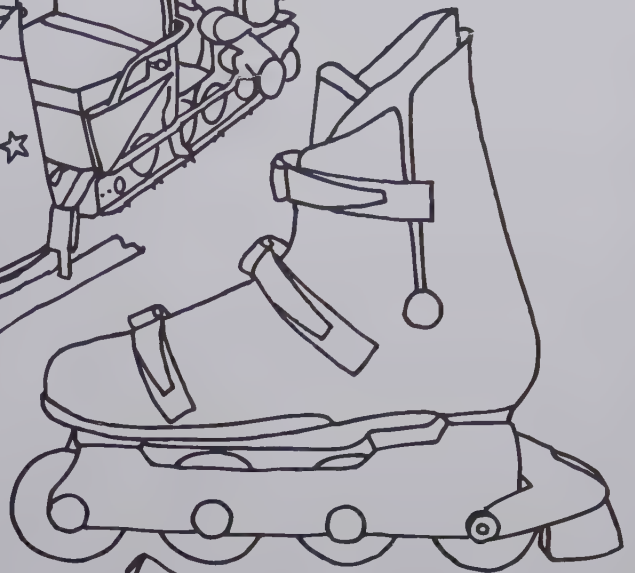
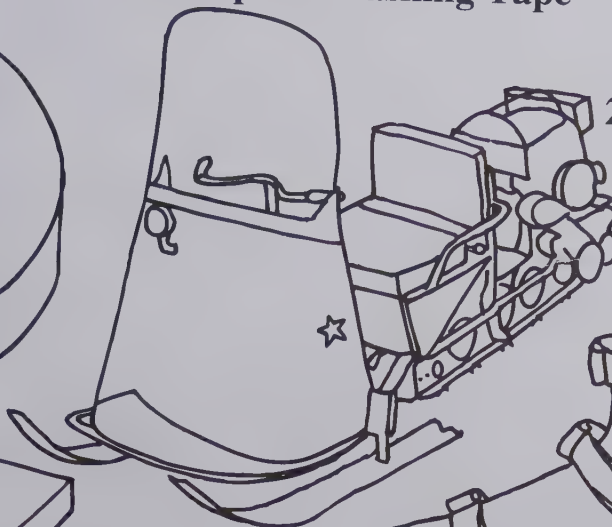


The **Monarch Butterfly** (*Danaus plexippus*) is Minnesota's Official State Butterfly. They are orange and black with white spots. Look for them near milkweed plants.

1. Scotch® Brand Cellophane Tape & Masking Tape

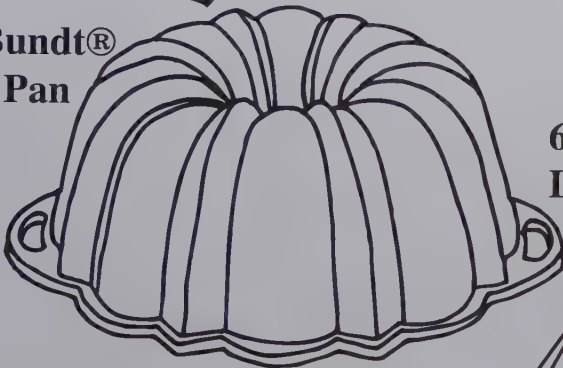


2. Snowmobiles



3. Post-it® Notes

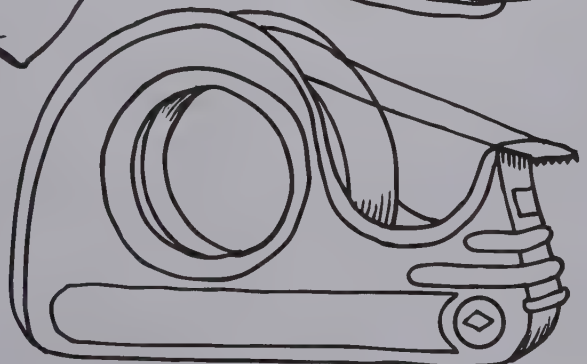
5. Bundt® Pan



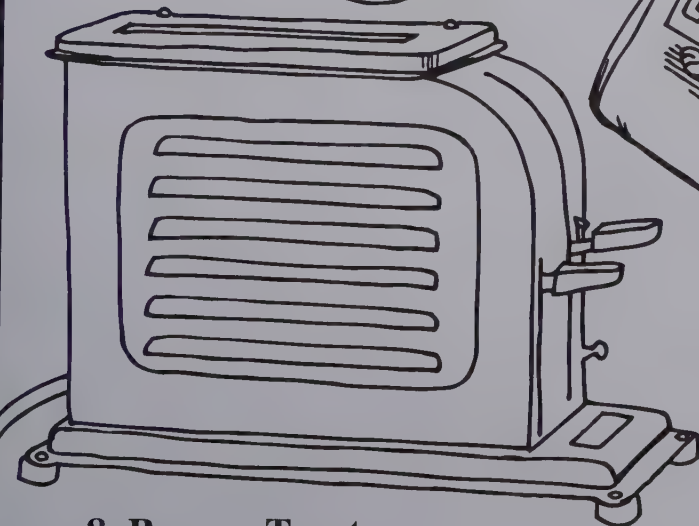
6. Kitty Litter



4. Rollerblade® 7. Waterskiing



8. Pop-up Toasters



9. Tape Dispensers

These inventions and firsts are just a few things everyone can thank Minnesota for.

1. Richard G. Drew of 3M™, 1923 and 1925

2. Polaris™, 1954

3. Arthur Fry & Spencer Silver of 3M™, 1974

4. Scott & Brennan Olson, 1979

5. H. David Dalquist of Nordic Ware®, 1950

6. Ed Lowe, 1947

7. Ralph Samuelson, 1922

8. Charles P. Strite, 1921

9. John A Borden of 3M™, 1932



Charles Schulz (1922-2000) was an American cartoonist known worldwide for his *Peanuts* comic strip. He was born in Minneapolis and grew up in St. Paul.



This statue of **Charlie Brown and Snoopy** is one in a series of bronze figures in Rice Park, St. Paul, that are a permanent tribute to Schulz's *Peanuts* characters.

Hail Minnesota

(S. A. T. B.)

Rickard - Bencriscutto

The musical score is written for SATB voices and piano accompaniment. It consists of five systems of music. The piano part is written in G major (one sharp) and 4/4 time. The vocal parts are written in G major and 4/4 time. The lyrics are as follows:

Min-ne so - ta - Hail to Thee! Hail to Thee our Col - lege
Like the stream that bends to sea, Like the pine that seeks the
dear! Thy — light shall ev - er be A — bea - con bright and
blue! Min-ne so - ta, still for Thee Thy — sons are stong and
clear. Thy — sons woods and daugh - ters true will pro -
true from their and wa - ters fair, from their
claim Thee near and far. They will guard Thy fame and a -
prar - ies wav - ing far, At Thy call they throng with their
dore Thy and name; Thou shalt be their North - em
shout and song, Hail - ing Thee their North - em
Star! Star!

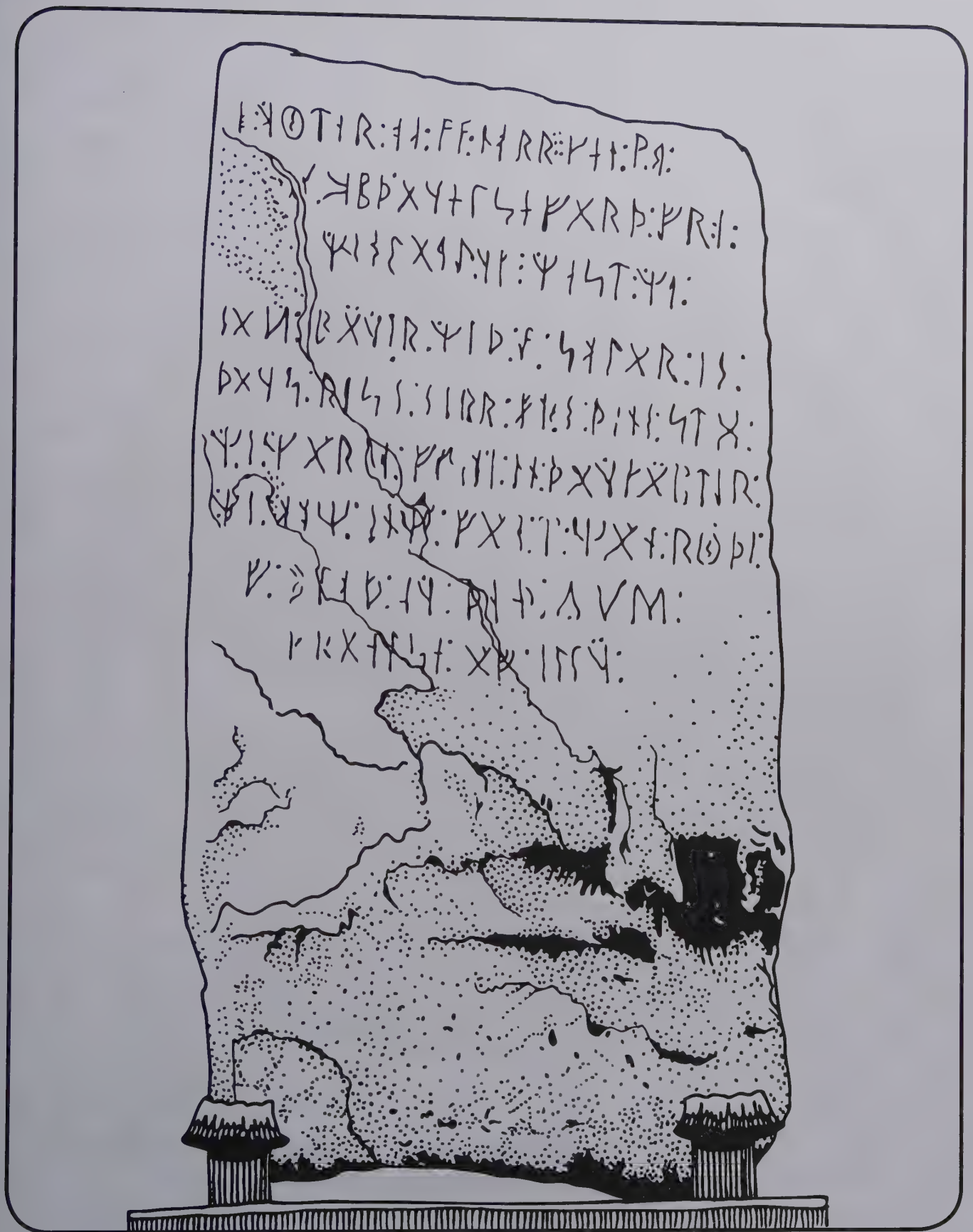
Hail! Minnesota is Minnesota's Official State Song.



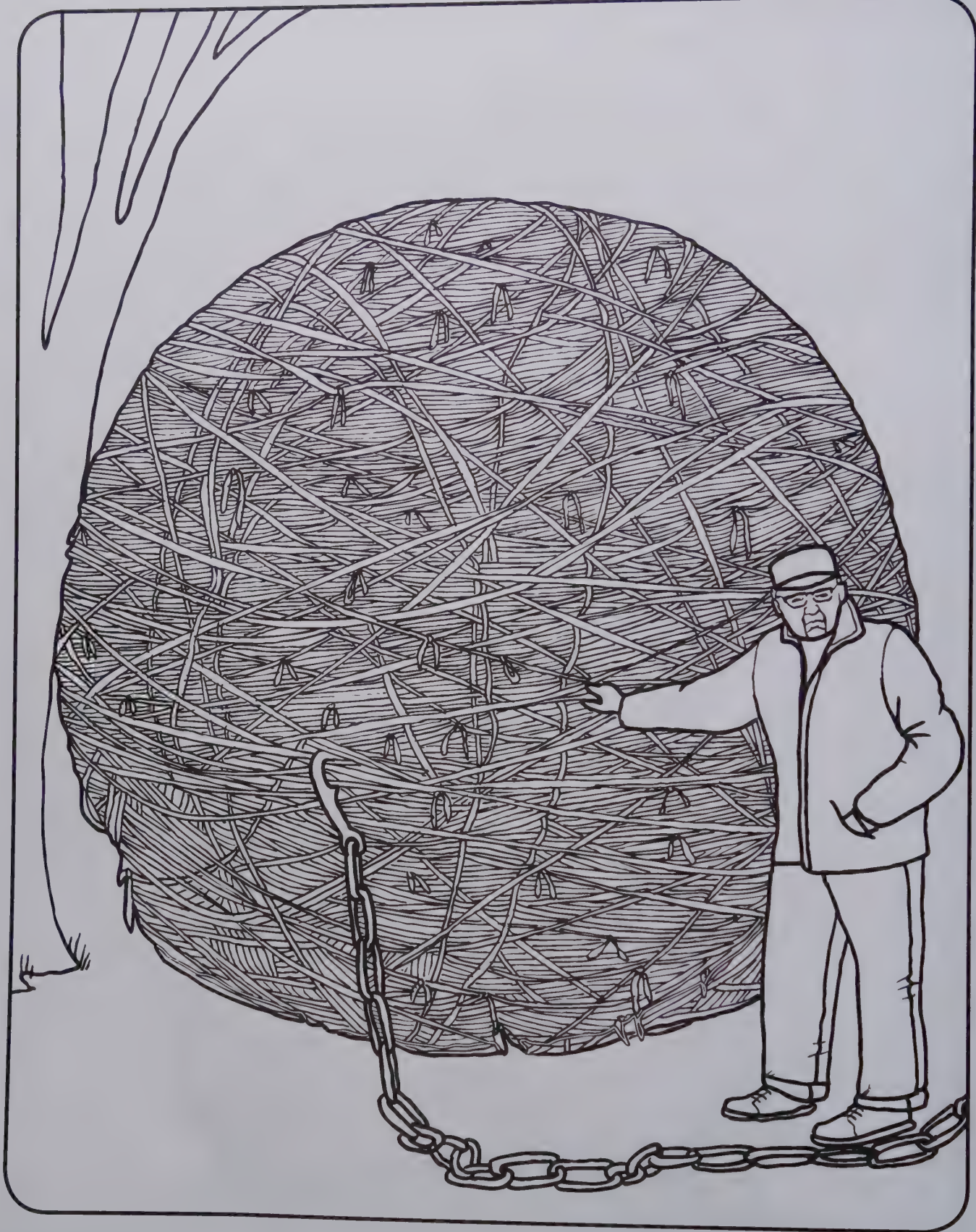
Minnesota's State Flag was designed by Amelia Hyde Center of Minneapolis. This is the emblem that is found in the center of the royal blue flag with gold fringe. The blue represents Minnesota's numerous lakes. The 19 stars show that Minnesota was the 19th state admitted into the Union, and the largest star represents Minnesota. The three dates are also significant: Fort Snelling was established in 1819, statehood was gained in 1858, and the legislature adopted the flag in 1893. A red banner proclaims the state's motto, "L'Etoile du Nord," which in English means "The Star of the North." The wreath is made of pink and white lady's slippers, the state flower.



Minneapolis had its start from the establishment of **Fort Snelling**, a major military installation built in 1819 where the Mississippi and Minnesota Rivers meet. The site of the base was near Saint Anthony Falls, the Mississippi's largest waterfall.



The **Kensington Runestone** is a 200-pound slab of graywacke that, if genuine, could be evidence of Scandinavian explorers reaching the middle of North America in the 14th century. It is claimed to have been found by a farmer in Solem, a rural township in Douglas County, Minnesota, and named after the nearest settlement.



The World's Largest Twine Ball Rolled By One Man is housed in a gazebo in the small town of Darwin, Minnesota. Francis A. Johnson (1904-1989), for reasons unknown, started rolling this ball of twine in 1950. By 1979 it weighed almost 9 tons and was 12 feet wide. The image of the Twine Ball is on every street sign in Darwin.



Charles A. Lindbergh (1902-1974) grew up in Little Falls, Minnesota. He made history and gained worldwide fame when he became the first man to make a solo transatlantic flight. On May 20–21, 1927, Lindbergh flew from Long Island, New York, to Paris, France, a distance of nearly 3,600 miles, in his single-seat, single-engine plane called the *Spirit of St. Louis*. The flight lasted about 33 hours.



The **Jolly Green Giant** is a mascot of Green Giant® food company, founded in Le Sueur, Minnesota, in 1903. This 55 foot tall fiberglass statue of the Jolly Green Giant in Blue Earth, Minnesota, attracts an estimated 10,000 visitors a year.



Judy Garland (1922-1969) was born Frances Ethel Gumm in Grand Rapids, Minnesota. She was an actress and singer who will always be remembered for her performance as Dorothy Gale in the 1939 MGM musical film *The Wizard of Oz*.



The **Pink and White Lady's Slipper** (*Cypripedium reginae*) became Minnesota's Official State Flower in 1902. This orchid is one of Minnesota's rarest native flowers, so it is illegal to pick them. It can grow to be 3 feet tall and can live indefinitely.

Minnesota Blueberry Muffins

(The Official State Muffin of Minnesota since 1988)

These delicious oversized blueberry muffins are sure to please anyone, Minnesotan or not. Thanks to the third grade class that petitioned to make this our official state muffin!

MUFFIN INGREDIENTS:

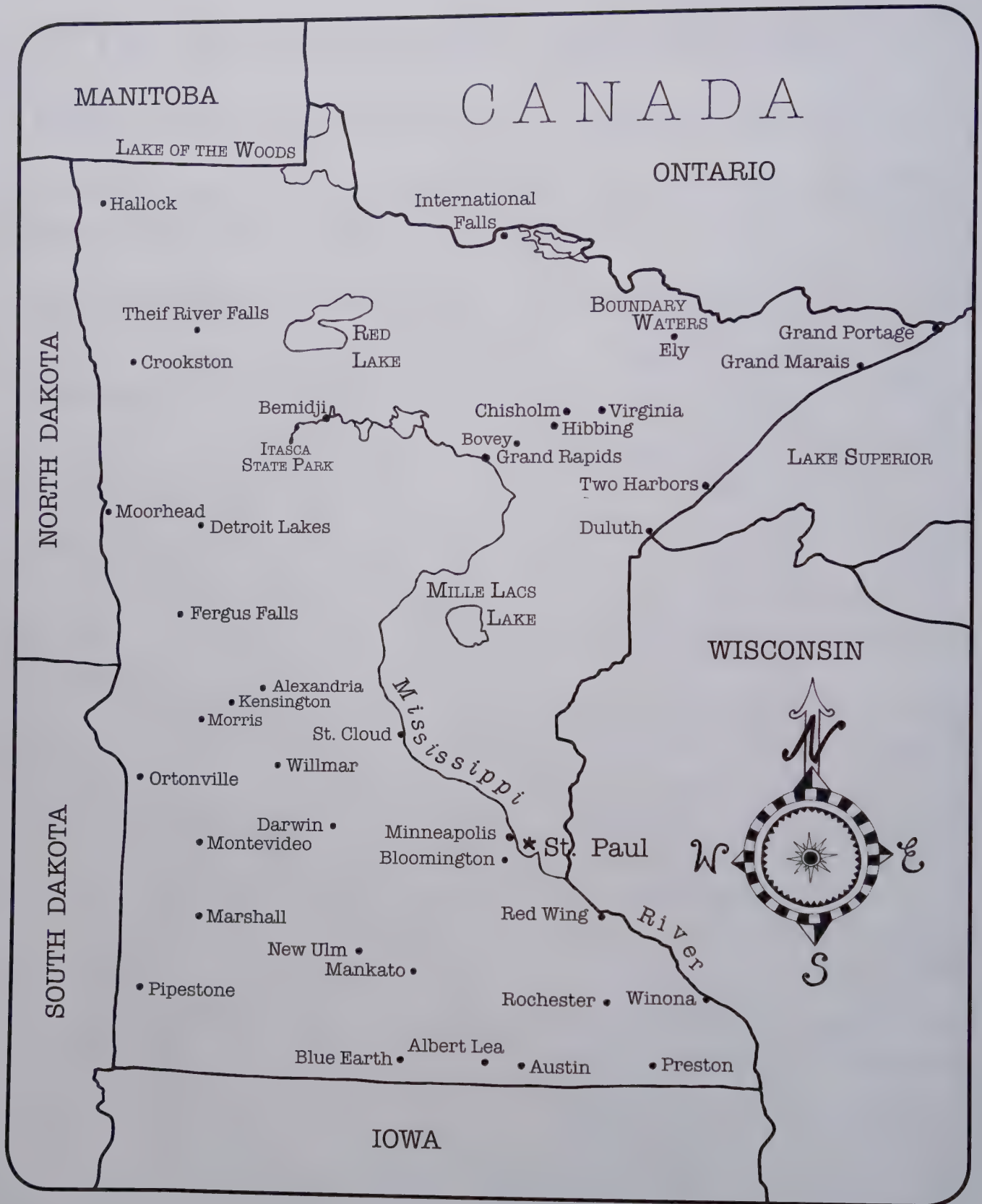
1 1/2 cups all-purpose flour
3/4 cup white sugar
1/2 teaspoon salt
2 teaspoons baking powder
1/3 cup vegetable oil
1/2 teaspoon vanilla
1 egg
1/3 cup milk (or buttermilk)
1 cup fresh Minnesota blueberries

TOPPING INGREDIENTS:

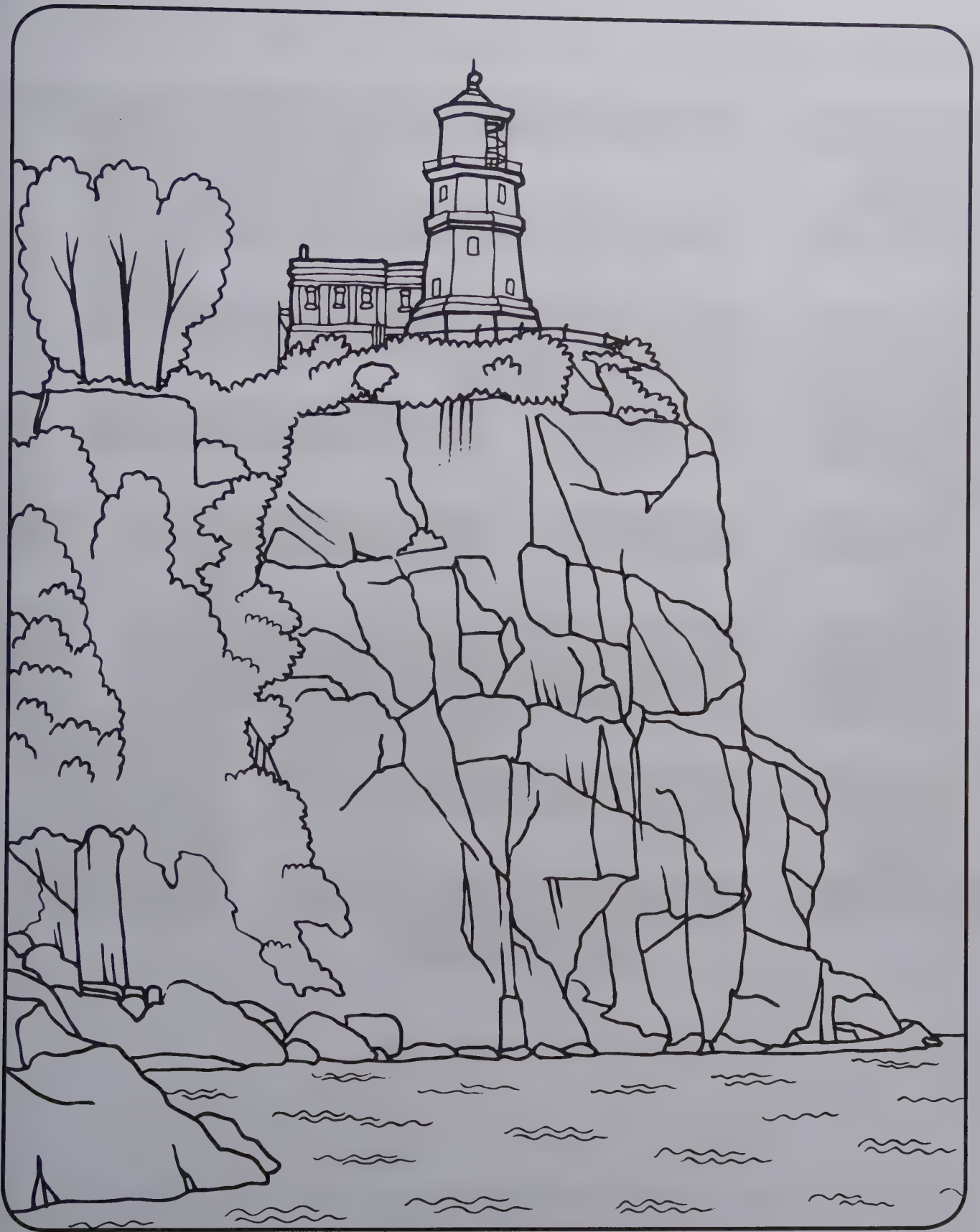
1/4 cup brown sugar
2 tablespoons room-temperature
butter, cubed
2 tablespoons and 2 teaspoons flour
3/4 teaspoon ground cinnamon

1. Preheat oven to 400 degrees F (200 C). Grease muffin cups or line with muffin liners.
2. Combine 1 1/2 cups flour, 3/4 cup sugar, 1/2 teaspoon salt and 2 teaspoons baking powder. Place 1/3 cup vegetable oil and 1/2 teaspoon vanilla into a 1 cup measuring cup; add the egg and enough milk to fill the cup. Mix this with the flour mixture.
3. Gently fold in the blueberries. Fill 8 muffin cups right to the top for oversized muffins.
4. To Make Crumb Streusel Topping: Mix together brown sugar, flour, butter, and ground cinnamon with a fork until crumbly. Sprinkle over the muffins before baking.
5. Bake for 20 to 25 minutes, or until done. Serve with milk, Minnesota's official state drink!



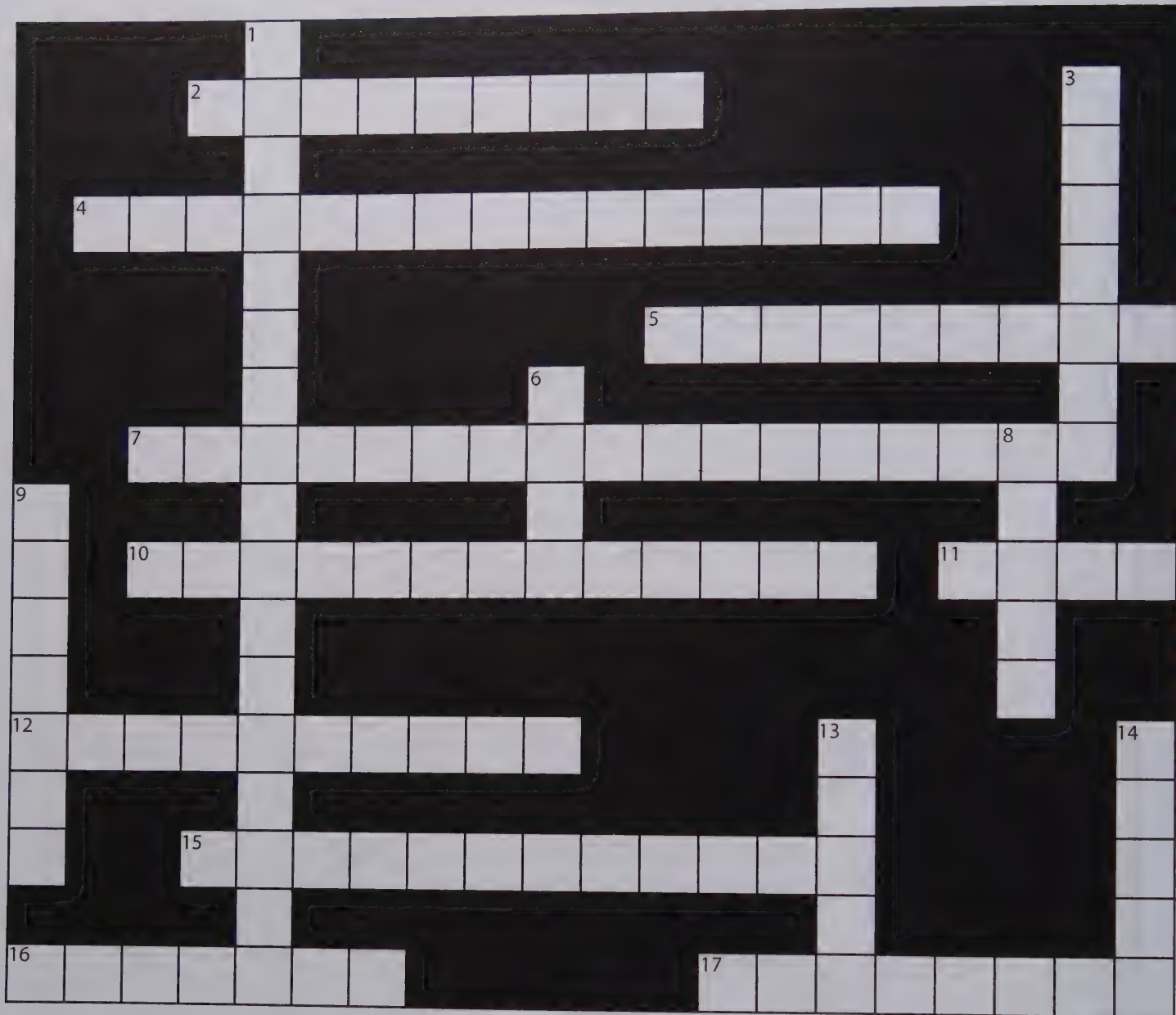


Minnesota is the northernmost state in the continental United States and the 32nd state to enter the union. Among its great natural features are the headwaters to the Mississippi River in Itasca State Park, the Boundary Waters Canoe Area, two National Parks, and over 10,000 lakes. The state's name comes from the Dakota Sioux Indian words for "sky-tinted water," referring to Minnesota's numerous lakes.



The **Split Rock Lighthouse** is located in Two Harbors on the North Shore of Lake Superior. It was designed by engineer Ralph Russel Tinkham and completed in 1910 in response to the shipwrecks from the Mataafa Storm of 1905. The 54 foot high lighthouse was built on a 130 foot (40 m) cliff and can be seen by ships 22 miles away.

MINNESOTA CROSSWORD PUZZLE



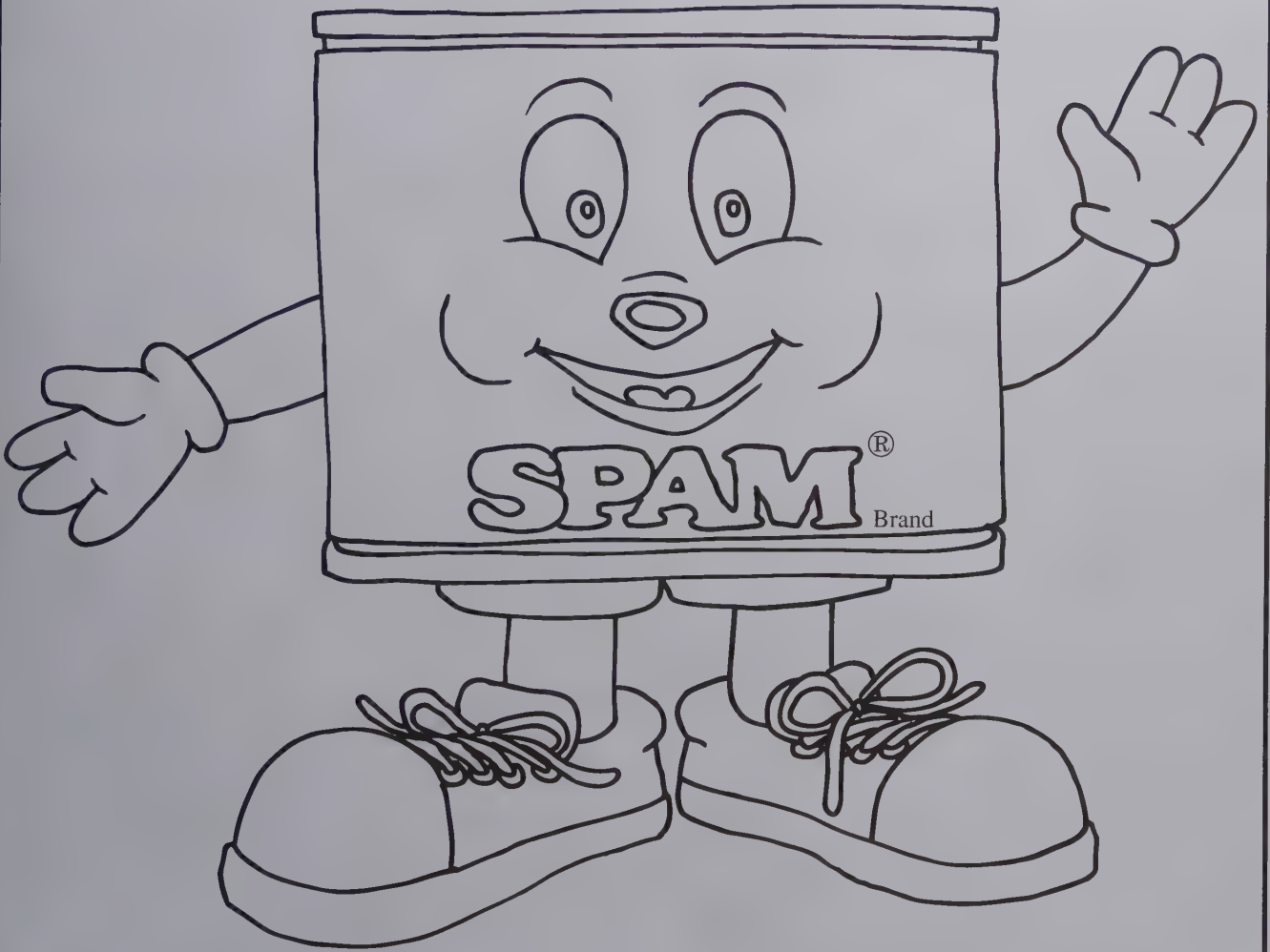
Across

- 2. Minnesota's State Capital
- 4. Minnesota's State Fruit
- 5. Minnesota's State Muffin
- 7. Minnesota's State Motto (in English)
- 10. Minnesota's State Song
- 11. Minnesota's State Drink
- 12. Minnesota's State Tree
- 15. Minnesota's State Flower
- 16. Minnesota's State Fish
- 17. Minnesota's State Grain

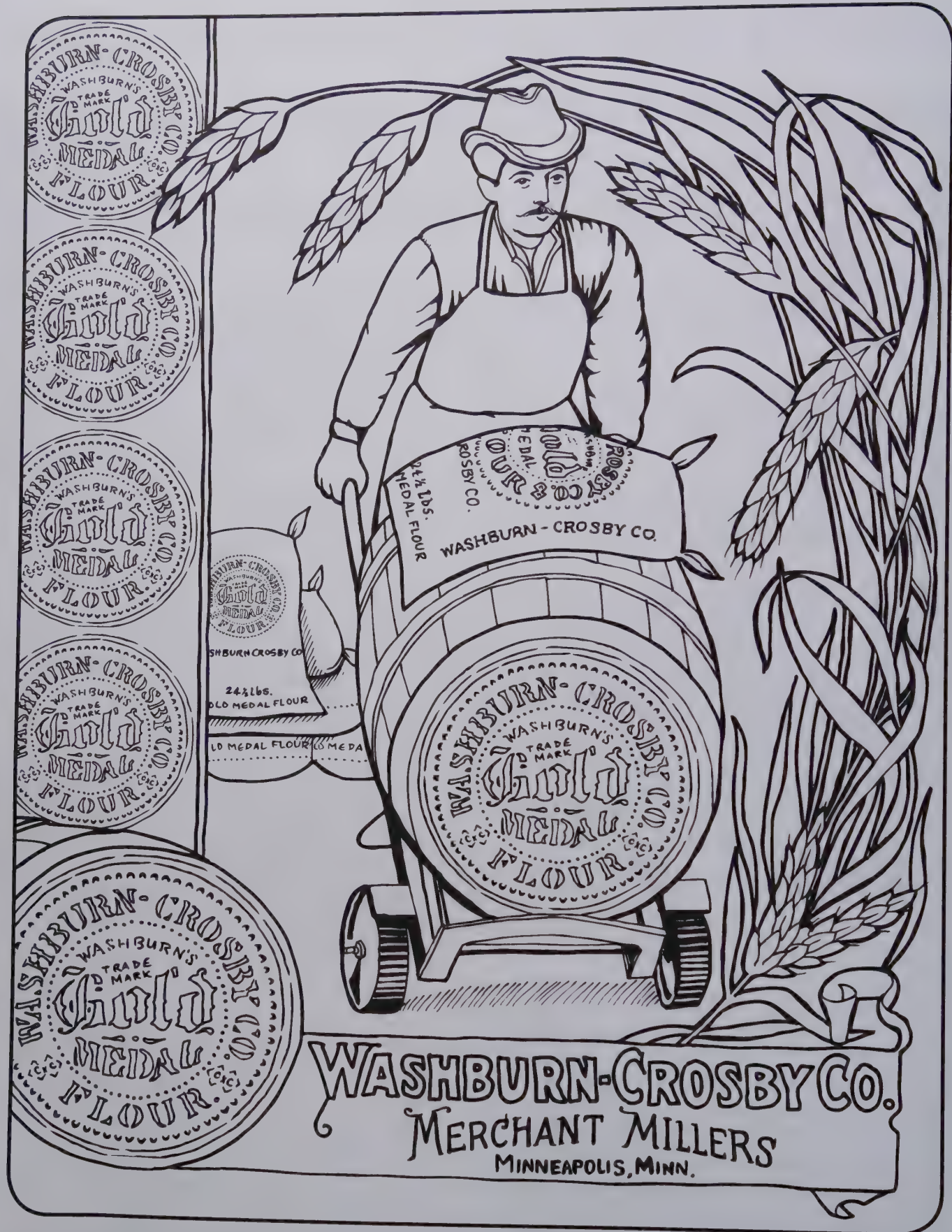
Down

- 1. Minnesota's State Gemstone
- 3. Minnesota's State Butterfly
- 6. Minnesota's State Bird
- 8. Minnesota's State Baseball Team
- 9. Minnesota's State Football Team
- 13. Minnesota's State Mushroom
- 14. Minnesota's State Photograph

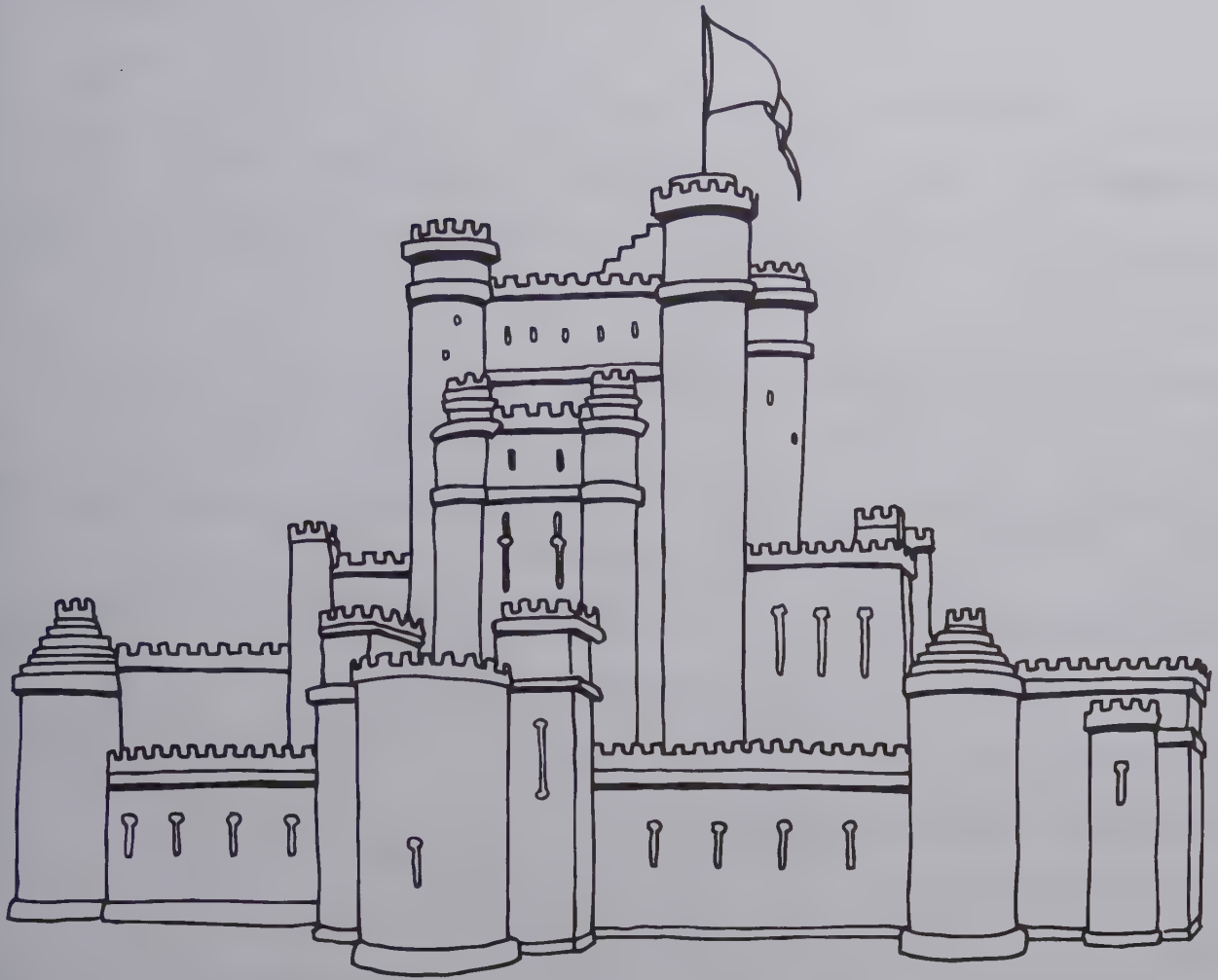
Answers are on the last page.



SPAM® Classic is a canned spiced ham product made in Austin, Minnesota. Hormel Foods Corporation created SPAM® products in 1937 to provide high protein meals for American troops. The SPAMMY™ character, drawn above by me, is a version of the mascot of the SPAM® Museum in Austin, Minnesota.



From 1880 to 1930, Minneapolis was known as the **Flour Milling Capital of the World**. The city developed around mills powered by Saint Anthony Falls on the Mississippi River. This is my rendition of a vintage ad for Gold Medal Flour.



SAINT PAUL WINTER CARNIVAL

In 1885, a New York journalist described the city of St. Paul as “another Siberia, unfit for human habitation in the winter.” To prove him wrong, St. Paul business leaders started the **Saint Paul Winter Carnival** in 1886. One of the most successful attractions at that first winter carnival was a castle built with blocks of ice from Minnesota lakes. The ice palace has evolved into a symbol of the carnival.

MINNESOTA STATE FACTS

Organized as a Territory: March 3, 1849

Gained Statehood: May 11, 1858 (32nd state to enter the union)

Population: Estimated at 5,266,214 in 2009 (4,919,479 in the 2000 Census)

State Capital: St. Paul

Largest City (in Population): Minneapolis

State Motto: L'Etoile du Nord (The Star of the North)

Origin of State Name: Based on the Dakota Sioux Indian words for "sky-tinted water," referring to the state's many lakes

State Nicknames: Land of 10,000 Lakes, North Star State, Gopher State

Area: 86,943 square miles (the 12th biggest state in the USA)

Highest Point: Eagle Mountain - 2,301 feet (701 m) above sea level

Number of US Representatives: 8

Number of Counties: 87

State Parks: 66 (totaling 226,000 acres of parks)

National Parks: Voyageurs & Isle Royale

Bordering States: Iowa, Michigan (across Lake Superior), North Dakota, South Dakota, and Wisconsin

Bordering Country: Canada

Number of Rivers and Streams: 6,564 (92,000 miles)

Number of Lakes: 15,291

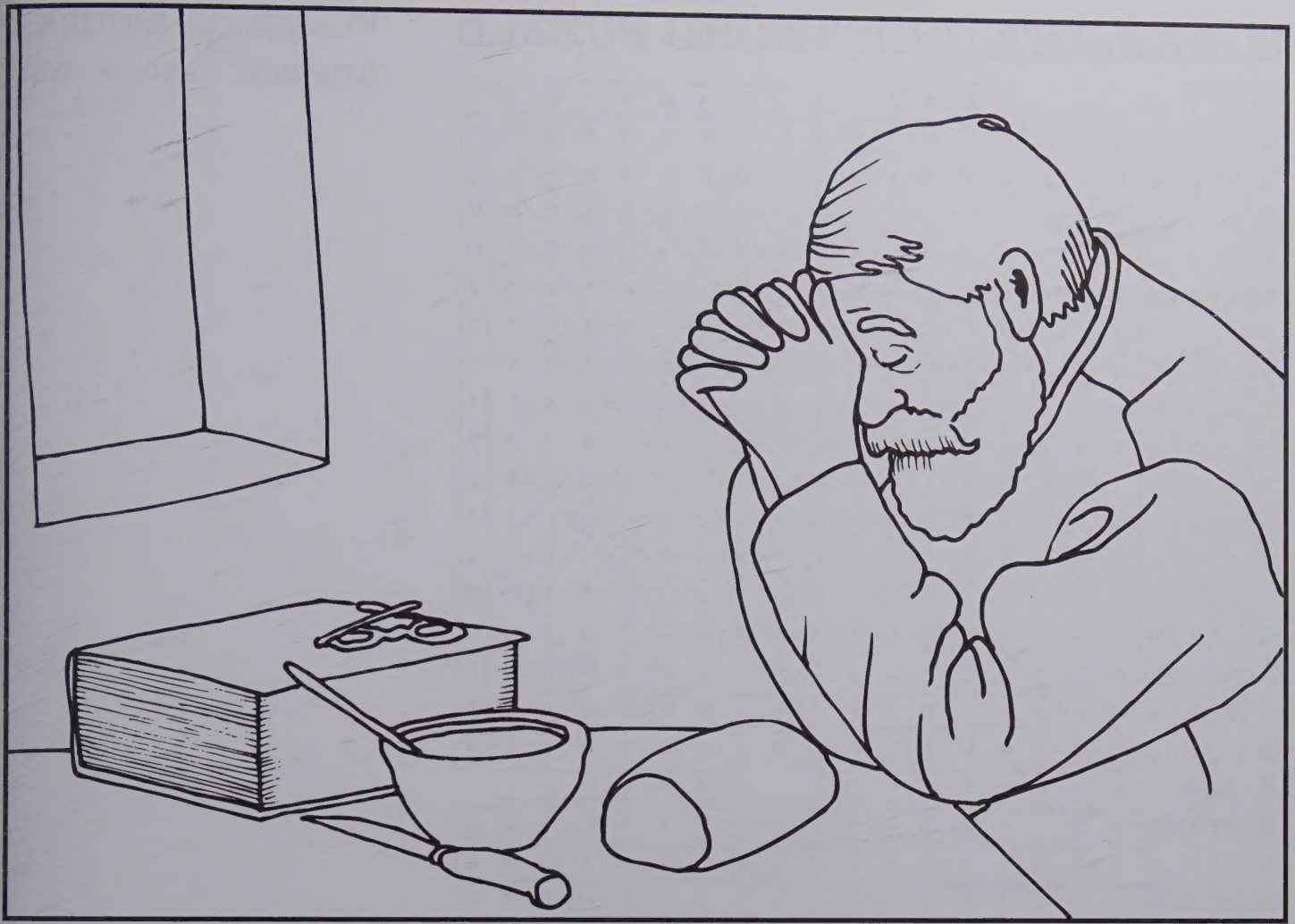
Number of Lakes over 10 acres: 11,842

Total Area of Inland Water: 4,779 square miles (8.4% of the State)

Number of individuals who go fishing: 2.3 million

Theater, Arts, and Culture: Ranked second in the nation (after New York City) in arts support and live theater per capita.

State Symbols (not illustrated in this book): Gemstone - Lake Superior Agate, Tree - Norway Pine, and Fruit - Honeycrisp Apple



The 1918 photograph, *Grace*, was taken by Eric Enstrom of Bovey, Minnesota. It shows Charles Wilden, an elderly door-to-door salesman, in prayer before a modest meal. In 2002 the State Legislature recognized *Grace* as the Official State Photograph.

Tater Tot Hotdish Recipe

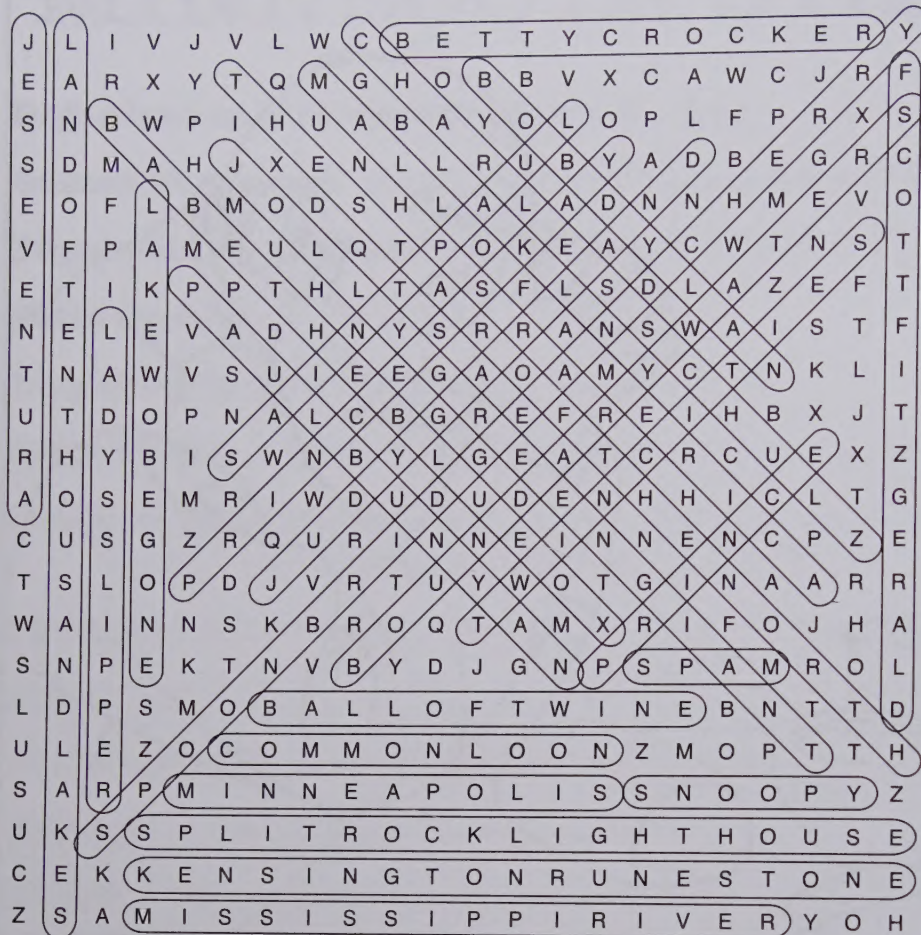
A hotdish is a Minnesotan staple in homes and at potluck suppers, church basement dinners, and family gatherings. A hotdish is usually composed of a starch, some form of protein, a can of soup used as a binder, and a topping to make it crispy.

INGREDIENTS:

1 lb. ground beef
1 small onion, diced
1 can cream of mushroom soup
1/2 can milk or water
1 small package frozen vegetables
1 16 oz pkg. frozen tater tots

1. Preheat oven to 350 degrees F.
2. Brown the onion with the ground beef.
3. Drain off the fat.
4. Add the soup, milk, and frozen vegetables.
5. Place mixture in a casserole dish.
6. Arrange tater tots neatly on top.
7. Bake in the oven for about 30 minutes.

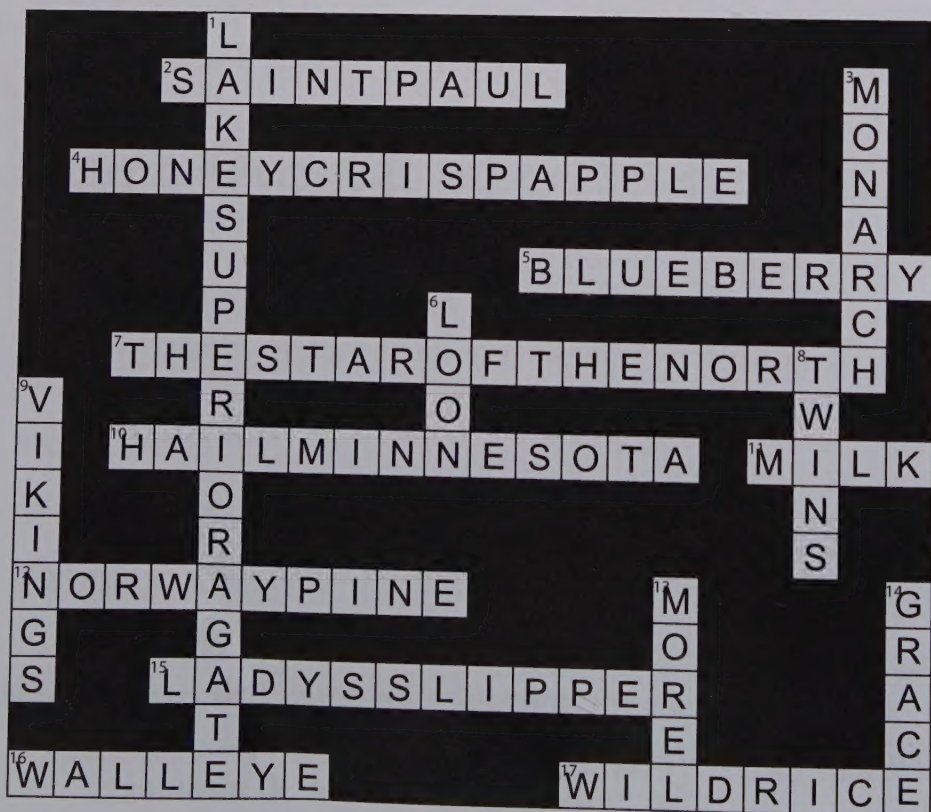
MINNESOTA CROSSWORD PUZZLE



What's on-a-stick?

Answer: ALL OF THEM

MINNESOTA WORD SEARCH



You bet it's
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A Coloring & Activity Book

- COLORING
- PUZZLES
- CRAFTS
- GAMES
- RECIPES
- TRIVIA & MORE!!!

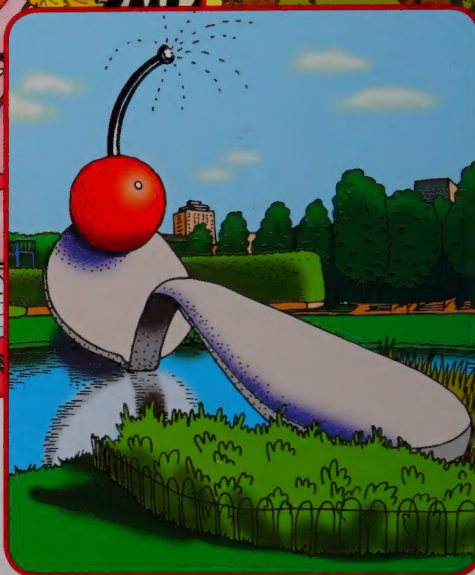


photo by erin lavelle

Kirsten Sevig is an illustrator and designer who lives and works in Minneapolis, Minnesota. She is a graduate of the Minneapolis College of Art and Design. To see more of her artwork, visit her website at www.kirstensevig.com.

From Paul Bunyan to Jesse "The Body" Ventura, from the World's Largest Ball of Twine Rolled by One Man to the abundance of foods on-a-stick at the fair, this book is guaranteed to make you fall in love with this great state.



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